**This catalog and its sale pricing are valid September 10th-October 7th, 2024.** Supplier changes or market fluctuations may force pricing to not match our printed catalog. Please visit alisonspantry.com for the most current pricing.

Catalog #10, 2024



# THE COMFORT FOOD ISSUE

8 Comforting NEW soups! See page 22.

Juicy Prime Rib is back for the season! See page 14.

Watch for for spooky good sales on seasonal favorites!

When you purchase a 10 lb. case of #6219 Pierce Homestyle Breaded Chicken Tenderloins on Catalog #10, you'll qualify to add a 5 lb. bag of Boneless Dings Chicken Breast Chunks to your order for just \$15.00 (reg. \$31.99)! Use #3719 for this special price on the 5 lb. bag.

\*MUST ADD #6219 AND #3719 TO YOUR ORDER TO RECEIVE THIS PRICING.



to set sail with Alison's Pantry and you might be saying bon voyage on a free cruise!

# **ENTERING IS EASY:**

- Sign up as a new Rep.
- Refer a friend to become a new Alison's Pantry Rep.





Scan the OR code to schedule a call with the sales manager in your area!

# **PRIZES:**

- 3 Royal Caribbean Diamond Level 6-7 Night Cruise Packages for two, valued at approximately \$3,000.
- Each cruise prize package for two includes cruise fare, taxes and fees, and standard recommended gratuities.
- Winners can choose their destination from Royal Caribbean Diamond level locations, including the Caribbean, Bermuda, or Alaska, and select their own travel dates (excluding Thanksgiving, Christmas, and New Year's Week).
- Drawings will be December 13th, 2024 for winners.
- Winners may opt for a cash prize of \$2,000, if they prefer, instead of the cruise package.

# Cruise Package #1 / Grand Prize

Awarded to the person who refers the most new qualifying Reps (minimum of 3 new Reps). In the event of a tie, the first person to reach their total is the winner. See qualifying details below. \*

# Cruise Package #2 / **Drawing for AP Reps Only**

# Cruise Package #3/ Drawing for New Reps & Customers

This drawing will include any new reps who sign up with Alison's Pantry in 2024 and any customers who refer someone who becomes a Rep in 2024.

All new reps who sign up with Alison's Pantry in 2024 will be entered in this drawing, in addition to receiving any current sign-up offers.

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# Our mission is to provide restaurant-quality food products with quality service and a personal touch. Let us fill your Pantry!

Certain exclusions apply. Refunds must be requested within 90 days from purchase date and will be applied to your account as credit. This policy does not apply in the circumstance of a Pantry Bargain or other #2 products. To prevent fraud Alison's Pantry reserves the right to revoke the guarantee at our discretion.

\*\* The new Rep's first order must be at or above minimum and placed by Catalog #12, 2024 to qualify.



# How Alison's Pantry works



**Receive a catalog from your** Alison's Pantry Representative or view the catalog on our website.

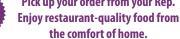




after the order deadline. Pick up your order from your Rep.

Order is delivered to your

Rep's home in about a week





**GF** = gluten-free IW = individually wrapped fight offered by the case



We care about your diet needs and want you to have all the information necessary to make your meal decisions.

For more detailed ingredient lists and nutritional information, please visit www.alisonspantry.com and search for any product by product number or name.





# Tamales with a handmade love story!

MERSHEYS TRIPLE CHOCOLATE

Sherry grew up in a loving, loud and large Mexican-American family that handed down the family tamale recipe and tamalada (tamale-making party) tradition. In Sherry's family home, this traditional event always included laughter, teasing, storytelling, kids running around playing and laughing – and of course lots of tamales to share.

Todd's first tamale-making experience started in Sherry's family home with 5 bushels of corn, 25 pounds of freshly roasted green chilies, and 18 friends and family. He learned that day that people always count tamales by the dozen. After a 10-hour day of making tamales, he was in love. He was already in love with Sherry, and now, he was in love with making tamales. In early 2008 Todd left his executive position at a Fortune 500 company to make tamales full time.



Todd & Sherry Martin, 1995

**NEW! Green Chile & Cheese Tamales** Flavorful blend of 100% fire roasted Hatch green chiles mixed with cheddar and jack cheese and wrapped in an award winning sweet corn masa. GF 5 oz. / 8 ct. #3702....\$26.99 | \$3.37 each



NEW! Sausage & Cheese Breakfast Tamales The mouthwatering flavors of biscuits & gravy in a tamale! Authentic handmade tamales with antibiotic-free pork sausage, cheddar Jack cheese, roasted potatoes, and a touch of white gravy wrapped in white corn masa. 9 g. protein. GF 5 oz. / 8 ct. #3700....\$26.99 | \$3.37 each



NEW! Green Chile, Pork & Cheese Tamales Handmade tamales with antibiotic and hormone free pork, slow cooked in our signature 100% fire roasted Hatch green chile, topped with cheddar jack cheese and wrapped in organic white corn masa. 11 g. protein. GF 5 oz. / 8 ct. #3701....\$26.99 | \$3.37 each



**NEW! Chocolate Chip Cookie Mix** Just mix, drop, and bake for chewy, gooey chocolate chip cookies. 4-17.5 oz. pouches. Yield: 88 / 2" cookies 5 lb. box #3676....\$13.99





Feel good about what you're sending in a lunchbox or snacking on in the afternoon. **Rip Van** treats are delicious with surprisingly less sugar, no corn syrup or artificial sweeteners! Their mission is to change the perception of what "low-sugar" tastes like. Endurance athletes love how Rip Van's low sugar, lower carb formula helps them to keep training longer and stronger. No sugar alcohols • No artificial flavors or colors • Higher fiber



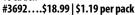
**NEW! Dutch Caramel & Vanilla Wafels** Traditional Dutch Stroopwafel filled with caramel and a hint of vanilla. Sweetened with monk fruit; just 3 g. sugar per serving and they've been outselling single-serve Oreos and Nutter Butters in stores! 12 ct. box #3690....\$19.99 | \$1.67 each



**NEW! Leos Cookies & Cream** Sandwich Cookies Velvety cream between two crisp chocolate cookies. Just 110 calories, 3 g. sugar per serving & 3 g. prebiotic fiber! 10 ct. box #3691....\$18.99 | \$1.19 per pack



**NEW! Vanilla Wafers** Crisp wafers layered with 2x the smooth, vanilla cream of a classic wafer cookie. Only 120 calories and 1 g. sugar; 4 g. net carbs per wafer. 16 ct. box





**NEW! Chocolate Hazelnut Wafers** Crisp wafers layered with 2x the rich hazelnut cream of a classic wafer cookie. Only 2 g. sugar, 130 calories & 4 g. net carbs per wafer. 16 ct. box

#3693....\$18.99 | \$1.19 per pack



NEW! Lightly Breaded Chicken Breast Original Bites Fully cooked lightly breaded all white meat chicken breast. No antibiotics ever, no artificial ingredients, no preservatives, no hormones or steroids. 16 g. protein per svg. Enjoy them as a snack, on a salad, or even on mini sliders. Hatched, raised and harvested in the USA. 3 lb. bag #3648....\$21.99



#### NEW! Lightly Breaded Chicken Breast Original Strips

Fully cooked, tender chicken breast strips with light breading and no artificial ingredients or preservatives. No added hormones or steroids. 17 g. protein per serving. Approx. 15 svgs. per bag. Hatched, raised and harvested in the USA. 3 lb. bag #3674....\$25.99





NEW! Baby Back Pork Ribs in BBQ Sauce Fully cooked, thick & meaty pork baby back ribs slow, hickory-smoked in a rich barbecue sauce with no HFCS. 3 lb. #3661....\$22.99



NEW! Tilapia Fillet Portions Skinless, boneless, unseasoned individually wrapped. No additives or preservatives. Sustainably farm-raised. 12 svgs. GF 4 oz. portions / 3 lb. bag #3699....\$22.99



FLAV-R-PAC

Roasted Brussels Sprouts Halves These perfectly roasted Brussels Sprout halves are temptingly crisp outside with a tender and tasty center. Ready for your choice of seasonings; heat and eat. 2.5 lb. bag #3705....\$9.99



FLAV-R-PAC

Roasted Petite Redskin Bakers with Italian Seasoning Whole petite roasted redskins, with our savory Italian seasoning featuring garlic, onion and Parmesan cheese, complement any entrée with upscale appetite appeal. 2.5 lb. bag #3706....\$9.99

# Soup Find our new Soup Sensations scratch-recipe soups on page 22!



# **POSADA** NEW! Cruncheros Spinach & Artichoke Rolled Tacos We transformed a favorite restaurant appetizer into a spackable ro

We transformed a favorite restaurant appetizer into a snackable rolled taco! Freshly made tortilla filled with cream cheese, Parmesan cheese, spinach, artichokes, and green chiles, dipped in a batter for a perfect crispy crunch. 24 ct. box

#3694....Reg. <del>\$32.99</del> | Intro Sale \$29.99

# 🧖 Golden Tiger

# **NEW! Southwestern Style Chicken Egg Rolls**

Golden, crispy egg noodle outer layer with a savory filling of Southwest-style seasoned chicken, spinach, black beans, whole kernal corn, red bell pepper, and pepper jack cheese. 18 ct. box

# #1131....Reg. <del>\$26.99</del> | Sale \$23.99



NEW! Iced Marble Loaf Slices Irresistible vanilla and chocolate swirled cake topped with a sweet chocolate icing. Individually wrapped. 20 slices #3703....\$39.99 | \$2.00 each Compare to Starbucks loaf slices at over \$5.00 each!



NEW! Iced Party Cake Slices Tender confetti cake slices flecked with colorful candy bits and topped with a rich vanilla icing. Individually wrapped. 20 slices

# #3704....\$39.99 | \$2.00 each

Compare to Starbucks loaf slices at over \$5.00 each!



NEW! Raspberry Crumbles Juicy 100% raspberry pieces to stir into baked goods or whip up easy jams with no crushing needed. Ready to eat. Good source of Vitamin C and fiber. GF 5 lb. bag | Bigger bag. Better value! #3707....\$17.99



NEW! 3-in-1 Bowl Scraper and Dough Cutter Straight-edged cutter and scraper, with curved bowl scraper on opposite end. Features 1/2" markings to measure dough perfectly. Great for:

- Handling and scraping sticky dough
- Chopping soft fruits and vegetables
- Cutting brownies and sandwiches
- Smoothing out icing on cakes
- Scraping dirty dishes

Scooping up chopped veggies from a cutting board

and transferring them to a pot or pan, and much more!

4.25" x 4.75" x 0.25" #3668...\$7.99 | Compare to over \$10 on Amazon!



#### NEW! Cast Iron **Bacon Press**

Flattens bacon or burgers for fast, even cooking. Wooden handle stays cool. Also great for grilled sandwiches and quesadillas. . 6.75" x 4" x 4" #3669...\$13.99

**NEW! Dual Ended** 

Grapefruit Knife

strong wood handle.

#3670...\$6.99

sections from rind, while the finely serrated

Compare to over \$10 on Amazon!

blade cuts and separates sections from

membrane. Stainless steel blade with



**NEW! Stainless Steel Griddle Scraper** Durable stainless steel griddle scraper with beveled edge and strong, comfortable handle. Removes grease and other messes with ease. 10.75" x 4.5" x 2.25" #3666...\$5.99

Find our professional 1 lb. packs of SAF instant



Yeast on page 41!



Measure the perfect amount of yeast from bulk bags--2 1/4 teaspoons--with one scoop. This is the same amount in one packet of active dry yeast. Stainless steel. #3672...\$5.99 Compare to \$8.69 on Amazon!

**NEW! Stainless Steel Griddle Spatula** Professional quality stainless steel

spatula; full tang with riveted handle. Versatile for pancakes, eggs, burgers, steak, and fish. 14.25" x 3.25" #3667...\$9.99

> Mason jars aren't just for home canning! Jarware offers fun, innovative accessories **JAR**WARE<sup>®</sup> to easily re-purpose your iconic mason jars for other practical uses in your home.



NEW! Soap Pump, Black Transform your mason jars into stylish soap dispensers with this pump attachment that fits regular mouth mason jars. Jar not included. #3662...\$4.99



NEW! Spice Lid Set, Reg. Mouth Turn your regular mouth mason jars into spice containers! These sturdy lids snap into a regular mouth canning ring and allow for shaking or pouring spices with a nice tight seal. 1 black, 1 white lid. Jars not included. Set of 2

#3663...\$7.99



NEW! Multi-Purpose Mason Jar Lid Set, Wide Mouth

Store, pour, ferment, and brew. These versatile mason jar lids seal tightly on wide mouth jars and have a one-way silicone valve to vent gas automatically if you choose to use them to ferment vegetables. Handy for turning jars into storage containers for dispensing little snacks or storing homemade salad dressings. Set of 2

#3664...\$7.99



#### **NEW! Snack Pack Mason Jar** Attachment, Wide Mouth

Turn a wide mouth 16 oz. mason jar into an on-the-go snack container. Attach the lidded cup to a wide-mouth canning lid right side up or upside down to store inside the jar or above it. Think yogurt & granola, fruit & dip, veggies & dip--in a handy portable container. Jar not included.

#3665...\$4.99

# DAILYS

We make the bacon that bacon lovers dream about. Packaged fresh for Alison's Pantry customers each month.



#1 Quality Precooked Hickory Smoked Bacon Slices Keeps 6 months refrigerated, 9 months frozen. Microwave, heat and eat. GF 300 slices per box #4835...\$69.99 | .23 per slice

Applewood Precooked Bacon Double-smoked applewood bacon for the bacon connoisseur. Bolder flavor than our #4835 bacon. GF 300 slices per box #9137....\$69.99 | .23 per slice



# Johnsonville

**Original Cooked Breakfast** Sausage Patty All-natural, fully cooked pork breakfast sausage patties. Less shrinkage. No MSG. GF 80 ct./2/5 lb. bags #1399....Reg. <del>\$56.99</del> Sale \$49.99

\*\*\*\*

"As a Jimmy Dean snob, I was skeptical of these patties, but they were amazing and are great, pre-cooked for a quick breakfast addition." Cherilyn Reynolds, Moore, ID





Naturally triple slow smoked bacon with an extra-thick cut. Made in the USA! No added MSG. Product is frozen to extend shelf life. GF 3 lb. pack #3257....\$23.99





**Fully Cooked Maple Breakfast Pork Sausage Links** Traditional, all-natural pork sausage flavored with maple syrup. GF 100 ct. / 2/5 lb. bags #3157....\$57.99



Thick Cut #1 Quality Bacon, Raw GF 24 oz. pack .... \$13.99

- #8464 Deep Applewood Smoked
- #8465 Peppered ٠
- #8463 Honey Cured



**Pork Sausage Links** #1 breakfast sausage brand in America! Traditional all-natural 3.75" pork breakfast links. Fully cooked; no MSG. GF 100 ct. / 2/5 lb. bags #3457....\$57.99





**Fully Cooked Original Pork Sausage Links** 100% pork sausage links with no fillers. Ready in just 40 seconds. 9 grams of protein per serving. 6 stay-fresh packs of 6 sausages. 36 ct. / 28.8 oz. box #3543....\$16.99 |.47 each

To see any of our products in their actual packaging and uncooked state, please view photos at alisonspantry.com.

JONES





Sausage, Egg & Cheese Biscuits Microwave or oven bake. IW 12 ct./4.9 oz. box #5354....Reg. <del>\$26.99</del> | Sale \$23.99

"These sandwiches are exactly what my kids would choose at McDonald's, so we decided to give them a try. They will eat these every morning and would love them for every other meal if I let them!" Alexis Pfeifer, Hill City, KS



# FarmRich

**Original French Toast Sticks** Bake, fry, or toast. 32 oz. bag #1499....\$11.99



12/4.5 oz. box #4454...\$24.99



Signature Egg, Bacon, Salsa & Cheese Breakfast Burritos Hearty, half-pound burritos with 21 g. protein per serving. Soft flour tortilla filled with real eggs, thick bacon, creamy cheese and mildly spicy salsa. 8 oz. / 12 ct. pack #3625....\$32.99 | \$2.75 per burrito



Breakfast Burritos with Eggs, Sausage, Cheese & Potatoes Generously stuffed burritos with scrambled eggs, pork sausage, two cheeses, potatoes and green chiles, all wrapped in a hand-stretched flour tortilla. Package shows refrigerated date; will ship frozen to extend shelf life. 7 oz. / 6 ct. pack

#3621....\$19.99 | \$3.33 each



GF 32/2.25 oz. tubes

#2992....\$13.99

Products show a fresh use-by date on the 16-Berry, 16-Strawberry yogurt tubes. packaging. Because we ship them frozen, No high fructose corn syrup. Ships frozen. this date is extended by 365 days. Once thawed and refrigerated, they have 75 days UNOPENED; 5-7 days after opening.





Sausage, Bacon, & Egg Breakfast Pizzas Hearty flavorful blend of sausage, bacon, egg, mozzarella and cheddar cheese on a jalapeno cheese sauce an artisan parbaked crust. 12 ct. case #3114....\$49.99 | \$4.17 each

KRUSTEAZ

Mini Pancakes Fluffy little 2.36" pancakes, perfect for dipping! Heat and serve. 4/45 ct. Bags #3204.....\$ 19.99 | Just .11 each!



Pillsbury

Mini Bagels with Strawberry Cream Cheese Filled with the goodness of whole grain and richness of flavored Neufchatel cheese, these pre-baked, frozen mini bagels are individually wrapped in heat-and-serve ovenable pouches. 36 ct. / 2.43 oz. packs #2663....\$32.99 | Just .92 per pack!

# OLD FASHIONED KITCHEN

**Sweet Cheese Blintzes** A sweet cream cheese filling with a tangy orange citrus flavor wrapped in a light crepe. Ready to serve in minutes. Try topped with pie filling or dusted with powdered sugar. 12 ct. / 2.25 oz. blintzes #3250....\$12.99





**Homestyle Waffles** 72 ct. waffles #1498...\$19.99 .28 each



Log Cabin Syrup GF 1 gal. jug #1590....\$11.99





**Belgium Pearl Sugar Waffles** Pre-baked, yeast-raised waffle dough with caramelized pearl sugar (like waffle trucks!) Light, crispy, and soft. IW. 12 ct. / 3.17 oz. waffles #1811....\$19.99 | \$1.67 each



**Applewood Smoked Master Carve Half Ham** KIRKLAND Sweet, tender ham made from fresh outside muscle only and slow smoked with real applewood. Boneless, fully cooked, natural Product is frozen before juices. Distinctive flat shape for carving boards. Just slice and shipping which extends its shelf life for 6-9 months serve. Pork raised without antibiotics. beyond the printed use or Approx. 4 lb.

#2715....\$24.99



Enjoy this sweet leftover ham in:

- Sandwiches
- Omelets
- Casseroles
- Soups

freeze by date.



Fully cooked, naturally hickory smoked pulled pork. Free of the 8 common food allergens as defined by the FDA. No added hormones ever. GF 5 lb. bag #1677....\$36.99

GF Big 1 lb. steaks, 4 per order

#5659....\$25.99

KIRKLAND

GF 9 lb. avg. wgt.

#3183....\$49.99

**Applewood Smoked Spiral Sliced Ham** 

with its own natural juices. Glaze packet included.

Fully cooked, hardwood smoked, honey cured, and packed





pork sirloin hips. Frozen. GF 32 oz. pouch / .75 oz. slices #2744....\$14.99





and the second

All-Natural Peppered Bacon Wrapped Pork Fillets Pork tenderloin fillets (approx. 1/3 lb. each) wrapped in flavorful peppered bacon. Delicious on the grill, baked, or pan-fried. F 3/approx. 6-7 oz. fillets #2681....\$9.99

Buy 16 packs and save 31% at alisonspantry.com.

Photo shows serving suggestion.



Pork Loin Center Cut Chops Bone-in, Raw, lean and trimmed. Marinated for added tenderness. F 40/4 oz., 10 lb. case #2184....\$60.99 Compare our price of \$6.10 per lb. to Schwan's cost of \$10.45 per lb. and save 42% with AP!





FLAV-R-PAC

Roasted Fuji Apples with Brown Sugar The simple goodness of slightly sweet, sliced apples, is taken to a whole new level with a decadent glaze made from brown sugar, butter, molasses, organic maple syrup and select spices. 2.5 lb. bag #3556....\$9.99





Country Style Pork Sausage Mildly-seasoned ground pork sausage, raw. GF 5/1 lb. chubs #2550....\$23.99





Cloverdale

Fully Cooked Cheddar Brats Naturally hickory smoked pork and beef bratwurst infused with cheddar cheese. Bold, old-fashioned flavor. No MSG added. Product ships frozen to extend shelf-life. GF 6 ct. / 14 oz. pack #3254....\$6.99





100% Natural Chicken Breasts Boneless, skinless breasts with rib meat. Ice glazed to prevent freezer burn. Raw. Irregular, #2 product, packaged under the Sunland label. Size of breast pieces will vary. F 4 lb. bag #5513....\$14.99

# FLAV-R-PAC

Gourmet Whole Green Beans GF 4 lb. bag #3781.....\$10.99



Applewood Bacon Wrapped Chicken Breast Fillets Boneless, skinless chicken breast fillets wrapped in applewoodsmoked bacon slices. Raw. GF 3/approx. 6.5-7 oz. fillets #2680....\$9.99

Buy in bulk and save 15% on a case of 48 fillets.

# Yummy

Dino Buddies Chicken Nuggets Fully cooked, No artificial ingredients. Frozen. 5 lb. box #1258....\$25.99





Boneless, Skinless Chicken Tenderloins Chicken hatched, raised and harvested in the USA with no antibiotics ever. Ice-glazed to seal in freshness and flavor. 6 6 b. bag #2945....\$31.99







Rotisserie Chicken Breast Skewers Fully-cooked, rotisserie-seasoned chicken breast skewers. 21 grams protein per serving! Heat and serve. F 6 ct. box #3162....\$11.99 | Just \$2.00 each!







Gourmet Honey Apricot BBQ Sauce Sweet, tangy barbecue sauce to add signature flavor to baked chicken and pork. GF 15 oz. jar #2241...\$6.99









6 ct. / 6 oz. each

**Cordon Bleu Stuffed Chicken Breasts** 

coated in a crispy seasoned breading.

#3539....\$20.99 | \$3.50 each

Juicy white meat chicken stuffed with ham and cheese and

RAW STUFFE



95% lean, randomly-cut chicken breast pieces, perfect for soups, stir-fry, etc. Raw. GF 5/1 lb. packs #2620....\$24.99





6 ct. / 6 oz. each

#3540....\$20.99 | \$3.50 each

Realgoo **Bacon Wrapped Stuffed Chicken Three Cheese** Low-carb, Keto-friendly, delicious bacon-wrapped stuffed antibiotic-free chicken filled with mozzarella, parmesan, and fontina cheeses. 1 g. net Carbs; 32 g. Protein per serving. **GF** 16/6 oz. servings **#2762....\$51.49** 

FOSTER FARMS

#3248...\$39.99

<u>h</u>



# **Chicken Mini Corn Dogs** Mini chicken franks wrapped in honey crunch batter. 120/.67 oz., 5 lb. bag #1581...\$26.49 | .22 each



11

Keto Frie

When you purchase a 10 lb. case of #6219 Pierce Homestyle **Breaded Chicken Tenderloins on** Catalog #10, you'll qualify to add a 5 lb. bag of Boneless Dings Chicken Breast Chunks to your order for just \$15.00 (reg. \$31.99)! Use #3719 for this special price on the 5 lb. bag. \*MUST ADD #6219 AND #3719 TO YOUR ORDER TO RECEIVE THIS PRICING



**Homestyle Breaded Chicken Tenderloins** Raw. Fry or bake. Tenderloins carefully cut from the juiciest part of the breast; marinated to keep them extra moist and flavorful. 2-3 oz. size. 2/5 lb. bags, 10 lb. case #6219...\$55.99

# \*\*\*\*

"We absolutely LOVE these Chicken Tenderloins. They are perfect cooked in the air fryer. I love them cut up and put over salad with a half cup of pasta, olives, peas, cheese, carrots and ranch! Also perfect for a fast dinner with beer battered fries." Amber Petersen, Redmond, UT



**Boneless Dings Chicken Breast Chunks** Marinated, breaded fully cooked boneless chicken breast chunks. 5 lb. bag #6587....\$31.99



1/2" Diced Chicken Breast Pieces Tender fully-cooked 1/2" pieces of superior-quality, lean breast meat. They can be heated in less than 10 minutes and added to soups, tacos, nachos, casseroles, pot pies, and Pasta Alfredo. **GF** 2 / 5 lb. bags #2546....\$63.99





**Photo shows** 



**Zesty Orange Sauce** The sweet tang of citrus complemented by garlic, soy, toasted sesame and ginger. 0.5 gallon jug #2989....\$19.99

Sweet & Sour Sauce

peppers and onions. GF 0.5 gallon jug

#1265....\$14.99

Sweet, tangy sauce with chunks of pineapple, diced tomatoes, green



**Uncooked Golden Crispy Breast Filets** Whole-muscle breast filets with a golden breading made of fine flour and bread crumbs, perfect as an entree with sides, or on a bun for a sandwich. No antibiotics ever. 32 filets. 5 oz. filets / 2/5 lb. bags #2882....\$46.99



Panko Breaded Chicken Breast Tenderloins Made with white-meat chicken and 20% less breading. 100% all-natural ingredients--no antibiotics ever, no added hormones or steroids. Raw. 5 lb. bag #1615....\$29.99



**100% All Natural Chicken Breast** High-quality, all-natural boneless, skinless chicken breasts. Minimally processed with no artificial ingredients. Hand-trimmed; consistently sized. 32 filets. GF 5.5 oz. filets / 2 / 5 lb. bags #2883....\$63.99





Sizzle Strips Fajita Seasoned Chicken Breast Strips

Fully-cooked chicken breast with rib meat strips with mild fajita seasoning and grill marks. Warm and serve in a tortilla with peppers and onions, on a protein bowl, or atop a salad. GF 5 lb. bag #1054....\$34.99







Sweetheart Premier Boneless Cook-in-Bag Turkey Breast The best and easiest turkey you'll ever serve! Mouthwatering, tender sweetheart-cut whole turkey breast that cooks right in the bag. No MSG, Gluten Free. Frozen. Raw. GF 10-12 lb. #4054....\$75.99

Sometimes we receive turkey breasts that are smaller or larger than we've advertised in the catalog. Please visit alisonspantry.com and search "Norbest" to see all available sizes.



Sanpete Marinated Turkey Breast Steaks Boneless, skinless turkey breast tenderloin fillets basted in our signature, mild soy marinade. Utahn's may know this flavor as "Manti Pageant" turkey. Raw; ready to grill or bake. GF



POULTRY | FROZEN

#2335 Approx. 2 lb.-2.5 lb. tray....\$22.99
 #2336 Approx. 2.6 lb.-3 lb. tray....\$24.99



Boneless Zings Chicken Breast Chunks Spicy boneless breaded breast chunks, fully cooked. Made from premium solid-muscle breast meat. 5 lb. bag #6588....\$31.99



Tempura Chicken Breast Nuggets Made with 100% breast meat with crispy tempura batter. Par-fried. Fry or bake. 2/5 lb. bags, 10 lb. case #6838... \$41.99



Fully Cooked Breaded Chicken Patties Lightly breaded 1/4 lb. chicken breast patties with white rib meat. No antibiotics ever and no preservatives or artificial ingredients. Ready in 9 minutes from the air fryer! 5 lb. / 20 ct. #3538....\$26.99 | \$1.35 each



Keto Fri

13



Popcorn Chicken Popcorn-shaped, breaded chicken breast with rib meat. No antibiotics ever. 24 oz. bag #2763....\$9.99





Breaded Chicken Breast Nuggets Fully cooked panko breaded chicken breast nuggets. Raised with no antibiotics ever, no hormones, or steroids. No artificial ingredients. 5 lb. bag #3537....\$24.99



Ground Turkey Family Pack Naturally lean; high in protein and at least 90% fat free. 70% less fat than ground beef. Frozen. GF 5-1 lb. chubs #4124....\$20.99 \$4.20 each





Black Label Carving Turkey Breast Fully cooked. No added hormones, no starches added. 1 year freezer life. GF Approx. 20 servings. #9197...\$32.99

This item is a 'catch weight' meaning it's supposed to be within a weight range of 5-6 lbs. We are not able to weigh every single (product). If you receive a below-weight item, please let us know and we'll happily credit you the difference.



# Back by popular demand!

# DOUBLEL

- **a Precooked Prime Rib, Boneless** 

Delicately seasoned, slow roasted, very rare prime rib from the boneless beef ribeye. All natural ingredients. Packed in its own cooking bag for easy reheating. GF 3-4.5 avg. weight #2466....\$59.99



# PHILLIPS

**Gourmet Sauteed Sliced Mushrooms** Sliced and sauteed mushrooms in a simple seasoning of garlic, salt, and black pepper. 2 lb. bag #3146....\$13.99

# \*\*\*\*

"It can be so hard to keep fresh mushrooms around and canned shrooms just aren't the same. These are amazing, have great flavor and perfect texture! I even added them to my canning spaghetti sauce." Heidi Pearce, Buffalo, WY



**Flat Iron Steaks** Similar flavor to fillet mignon without the high price tag. Cryo-vac'd pkgs. GF 12/6 oz. steaks #6044.....\$74.99

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"This is one of my family's favorites. These cook up nicely and are very tender. We really enjoy them and we order them every month!" Ilenia Phipps, Alamo, ND

# FLAVORFUL • TENDER • JUICY Our beef is raised and processed in the U.S.A.



**Certified Hereford Choice Flat Iron Steaks** Naturally flavorful beef from premium breeding. GF 6/8 oz. steaks #1554....\$45.99



**Bacon Wrapped Beef Filet Mignon** Flavorful thick-cut bacon wrapped around a tender beef filet. Raw. GF 2/8-9 oz. fillets #2558....\$18.99 | \$9.50 each



2 10

**USDA Choice Beef Stew Meat** Tender chunks of Choice beef. Raw; frozen. GF 3 lb. bag #2607....\$15.99





**Carne Asada Steak** 1/4" cubes, raw, diced, unseasoned flavorful beef eye of round for traditional Carne Asada. Pair it with our Carne Asada Seasoning (#7378). GF 2/1.5 lb. pkgs. #1755....\$16.99

**Carne Asada Seasoning** GF 1 lb. bag #7378....\$8.99



AZTECA

**Beef Taco Filling** Fully-cooked, lean ground beef, lightly seasoned to make tacos, nachos, salads and more! Flavor is mild enough to still add sauces, if desired. Can boil in bag or cook in skillet. No added MSG. 2.5 lb. bag #2104....\$13.99



Ground Beef, 85/15 Fresh frozen ground chuck. Raw. GF 5/1 lb. chubs #2549.....\$36.99





**Country Fried Steak** Raw and breaded. Deep fry for best results. IQF to quarantee freshness. 40/4 oz. steaks, 10 lb. case #4613....\$85.99 | Just \$2.15 per svg.

14











**Deli Craft French Dip Kit** 

GF 2 lb. box

#2103....\$13.99

1 lb. oven-roasted, thin sliced, whole-muscle USDA Choice

beef sirloin. 95% fat free. Reduced sodium. No added MSG.

Includes 1 lb. packet of Au Jus. Pair with our Tuscan Mini

Dinner Loaves (#8196) for hearty sandwiches.

10 Olive Oil Ciabatta 4 in. Buns 24 ct. case #1051....\$17.99|.75 each

# Bridgford

White Hamburger **Bun Dough** Proof and bake these preportioned dough pieces to craft fluffy homemade hamburger buns or signature sandwich rolls. 84 ct. case #3095....\$34.99 | .42 each



Jumbo 1/3 lb. Cheddar

Stuffed with pieces of smoky bacon

and shredded Cheddar cheese.

GF 6 patties/2 lb. box

& Bacon Stuffed Beef Patties

#8377....\$15.99 | \$2.67 each

Soft Pretzel Mini Dogs Mini 100% all-beef hot dogs wrapped in gourmet pretzel dough. 60 / .8 oz. case #7401....\$38.99



**Hardwood Smoked Beef Lil Smokies** Fully-cooked mini smoked sausages made with high-quality cuts of beef. No added phosphates or MSG. GF 2/1.5 lb. pouches #3113....\$19.99



**Member's Mark Ground Angus Beef Patties** Flavorful, unseasoned, raw ground Angus beef patties. 80% lean / 20% fat. No preservatives. 27 g. protein per serving!

18 ct. / 1/3 lb. patties #3622....\$39.99 | \$2.22 each

#### Photo shows Halloween serving suggestion.



### **Certified Angus Beef Franks** Fun Fact: These franks are served at the stadium of one of our favorite college teams! • Naturally Hardwood Hickory Smoked • Uncured with No Added Nitrites or Nitrates • No Binders or Fillers • Skinless and Reduced Sodium • Allergen, Gluten, & MSG Free GF 5 lb. bag / 25 franks #2955.....\$38.99 | \$1.56 each



**Brisket Burnt End-Infused Beef** & Pork Links Naturally hardwood smoked uncured beef

and pork sausage, infused with smoked brisket burnt ends for a uniquely delicious upgrade to a basic hot dog. Minimally processed; no fillers, no artificial ingredients. No nitrites or nitrates. 10 franks. GF 2 lb. pack #2950....\$14.99 | \$1.50 each

# 💥 SEAFOOD | FROZEN 💥

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"These are great-tasting shrimp. I air fry at 400 degrees for 10-12 minutes and check to be sure they reach 165 degrees." **Randy Jones, Lambert, MT** 

★ ★ ★ ★ "Fry and reheat the next day in the air fryer! Double fried. So yummy!" Sandra Howell, Vernal, UT

★ ★ ★ ★ ★ "We love these shrimp. They are so tasty and a nice size. It's a special treat the night we have them." Anne Metzler, Riverton, WY

# Mrs. Friday's

# Gold Pack Fantail Shrimp

Mrs. Friday's most popular breaded shrimp! Jumbo, premium quality, 100% natural shrimp, hand-coated in light and crispy Japanese Panko breadcrumbs. Known for its superior flavor, texture, and size. U15. 2.5 lb. box **#1061....Reg. <del>\$31.99</del> | Sale \$28.49** 



Pacific

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Keto Fr

Atlantic Salmon Portions, IQF Individually vacuum-sealed portions of Atlantic salmon. Boneless, skinless. Farm-raised product of Chile, processed and packaged in China. GF 4 0z./2 lb. bag #8669...\$32.99



# Trident

Wild Alaskan Cod Portions Boneless, skinless, individually quick frozen Alaskan cod fillets in small, portioned pieces, perfect with a breading or batter. Ideal for fish tacos. 70 calories and 17 g. protein per serving. 26 svgs. per case. 1.7 oz. / 5.5 lb. case #3638....\$52.99



#2239....\$25.99

Pacific

# Aqua Star

Pub-Style Battered Cod Wild-caught; no artificial colors, flavors or preservatives. Certified Sustainable Seafood. Bake or fry. 2-3 oz. pieces/2.5 lb. box #2807...\$23.99



Panko Breaded Pollock Sandwich Portions Wild-caught, lightly seasoned skinless, boneless Alaskan pollock portions in a golden panko breading. Enjoy them as an entree or on a fish sandwich. Bake or air fry for best results. 4 oz. / 5 lb. case #3637...\$39.99







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Beer-Battered Halibut 100% Pacific, full-muscle halibut (not minced), lightly battered in Hefe beer batter. Quick-frozen to lock in freshness and flavor. 2.5 lb. bag #2959....\$50.99



Wild Pacific Halibut Portions Wild-caught, sourced from the Pacific Ocean. Skin-on; sustainably-fished. 4/4 oz. fillets. GF 16 oz. bag #8028....\$32.99







Wild-Caught Patagonian Scallops Pure, natural Argentine scallops with a sweet, succulent taste. No chemicals or additives. 12 oz. bag #3566....\$14.99



GF 2 lb. bag

#1545...\$19.99

Cooked & Peeled White Shrimp, 31/40 Sweet white shrimp with a firm bite. 2 lb. bag #1812....\$22.99



White shrimp sourced from Indonesia and Vietnam. 26/30 ct. Tail-off. Raw.



Coconut Breaded Jumbo Butterfly Shrimp Premium, peeled and deveined, tail-on shrimp coated with a shredded coconut breading for a unique crunch with just the right sweetness. 16/20 ct. 2.5 lb. box #3013....\$33.99



Honey Butter Biscuit Shrimp Succulent, tail-off shrimp covered in Mrs. Friday's exclusive honey butter biscuit batter for an irresistible flavor. Enjoy them with hot sauce in a wrap, on a salad, or as an entree. 2.5 lb. #3289...\$22.99



Premium Alaskan Salmon Burgers Salmon patty is made with the finest wild, oceancaught, deep skinned Alaskan Salmon, herbs and spices. GF 12 ct./3 lb. bag #2808....\$31.99



Buttermilk Breaded Popcorn Shrimp Select, round, tail-off, peeled shrimp coated in a unique, country buttermilk breading. Delicious with dips, on salads, or in crunchy shrimp tacos or wraps! Avg. 75 ct. shrimp/lb. Oven, deep fry, or air fry. 2.5 lb. box #1062....\$20.99



Tender shrimp with crisp spring vegetables in a parmesan cheese sauce. Delicious served over pasta or rice (not included). Ready in 10 minutes. 2-3 svgs. I b. bag #3391....\$9.99





1 lb. bag

#3392....\$9.99



# $\star \star \star \star \star$ "Very tender and I added the Fajita Blend

(#2069) with the AP Fajita Seasoning (#1017) and they turned out amazing!" Ilenia Phipps, Alamo, ND

MARY AND THE ALTON AND A

# Beef Strips for Fajitas

Tender strips of choice and select beef for juicy fajitas. Raw, unseasoned. GF 3 lb. bag #2604...\$22.99

Fajita Blend Onion strips, with red, green and yellow bell pepper strips. GF 4 lb. bag #2069.....\$11.99



 Fabulous Fajita Seasoning

 Add 3-5 Tbsp. of this Southwestern blend to 1 lb. of

 chicken, beef, or pork before cooking for effortless fajitas.

 A restaurant favorite at home!

 GF 1 lb. bag

 #1017....\$9.99





Homestyle Flour Tortillas, 8" Soft, homestyle flour tortillas. Ship frozen. One-year shelf-life. 12/12 ct. packs #2962....\$39.99 | .28 each "Better than Cafe Rio! I love the taste of these tortillas. They taste way better than any other homemade tortilla at restaurants I've tried. These are delicious." Jocelyn Egbert, American Fork, UT

**Tornados'** unique twist on flavor and texture make it an instant sensation. Dipped in flavorful batters and fried to golden perfection. Every bite of a Tornado is packed with flavor. 24/3 oz. case





Chimichangas Meat and cheese in a lightly par-fried flour tortilla. 12 / 5 oz. case \$25.99 | \$2.17 each

♦ #1873 Shredded Steak & Cheese

#1874 Shredded Chicken



green chiles in corn tortillas. 60 ct. / 3.75 lb. box #3546....\$20.99 .35 each



TORNADOS

Ranchero Beef
Steak & Cheese
Our Ranchero red sauce,
shredded steak and real cheese.
#2928....\$29.99

• Sausage, Egg & Cheese Breakfast basics with a kick of salsa. #2926 ....\$29.99

♦ French Toast & Sausage Maple sweetness and savory sausage. #3105....\$31.99

**POSSADA** Latin Rice with Vegetables Long-grain white rice seasoned with tomato paste, chicken bouillon, spices, fire roasted bell

pepper and poblano peppers, and

# FLAV-R-PAC

roasted corn.

3 lb. bag #3491...\$17.99

Baja Vegetable Roast Blend of roasted super sweet com, cut com, black beans, red and green bell peppers, onions and green chilies. GF 2 lb. bag #5353.....\$8.99





ELMONTEREY

Bean & Cheese Burritos, IW Creamy pinto beans, cheese, and mild diced jalapeños in a baked flour tortilla. 24/5 oz. case #2245....\$25.99



Clantro Lime Rice

Long-grain fluffy white rice made with real cilantro and lime. No artificial sweeteners, color, or flavors. 3 lb. bag #3494...\$16.99

# (Calavo)

Fiesta Guacamole Flavorful guacamole with medium kick from red and jalapeño peppers. Comes frozen GF 12 oz. tub #1060...\$6.99

Save 15% when you buy by the case of 6 tubs at **alisonspantry.com**.



Butcher Wrapped Shredded Steak & Cheese Burritos Savory shredded steak, cheddar cheese, mozzarella cheese, Monterey Jack cheese and Mexican spices in an oven-baked flour tortilla. Generously sized. Comes frozen. Bake, microwave, or deep fry. IW. 12 / 8 oz. burritos #8848....\$31.99



Cilantro Lime Rice & Fire-Roasted Corn Fiesta Take this blend of brown rice, black beans, fire-roasted corn, poblanos, tomatoes, onions and a savory cilantro lime seasoning from pan to plate in less than 10 minutes! 3 g. Fiber; 5 g. protein. GF 2.5 lb. bag #2761....\$11.99





Harvest Fresh Avocado Dices Quick-frozen rich, buttery Hass avocados. No mess; no waste! Thaw needed amount of dices overnight under refrigeration. GF 2 lb. bag #1645....\$13.99



Photo shows recipe suggestion.



Raspberry Cheesecake Bites Sweet and creamy cheesecake paired with raspberry topping in an oven-baked and battered flour tortilla. 24 bites per box. 4 / 6 ct. bags / 2 oz. bites #8850...\$26.99



# **Pizza Dough Balls** Thaw overnight, then roll into pizza crusts, breadsticks, and calzones. Homemade flavor. IW 16 oz. / 10 ct. case #2377....\$28.99 | \$2.90 each



**Uncured Sliced Pepperoni** Made from all-natural pork, raised with no antibiotics ever. No nitrate or nitrite added except for those naturally occurring in sea salt and celery powder. GF 2.5 lb. bag #2881....\$26.99



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#### **Homestyle Meatballs** Oven-baked IQF meatballs made from premium beef and pork, and imported Pecorino Romano cheese. Approx. 52 1/2 oz. meatballs per bag. 26 oz. bag #8963....\$9.99



#### **Italian Style Meatballs** Savory 1/2 oz. beef blend meatballs, fully-cooked. Oven-baked, not fried. No MSG added. 52 oz. bag #9142....\$16.99



Six-Cheese Jumbo Ravioli

Precooked; filled with Ricotta, imported Romano, Parmesan, Monterey Jack, mozzarella, and cheddar cheeses. Approx. 40 ravioli. 2.65 lb. bag #3493....\$16.99



**Three Cheese Cavatappi** Grown-up mac & cheese! Cavatappi pasta in a rich, creamy blend of Monterey Jack, Cheddar, and Romano Cheeses with sea salt, black & cayenne pepper, and a touch of nutmeg. 4 lb. bag #2885....\$21.49

Photo shows recipe suggestion.



Potato Gnocchi Boil for a traditional, softer bite or cook in a skillet for a crispy texture on the outside, with a soft, tender center. 2.2 lb. bag #2754....\$11.99



Coles

# **Garlic Texas Toast** Texas Toast slices coated with real garlic spread and Italian seasoning. Ready in 6-8 minutes. 32 ct. box

#3544....\$14.99 | .47 per slice



**Stuffed Rigatoni with Cheese** Tender rigatoni pasta stuffed with creamy Ricotta and Romano cheeses. Boil from frozen. 2.5 lb. bag #1431....\$13.99



**Grated Parmesan Cheese** The sweet, mellow, nutty flavor of this perfectly mature cheese makes it a Sartori favorite. GF 7 oz. bag #2599....\$5.49

**Shaved Parmesan Cheese** Flavorful, shaved slices of Parmesan for the true cheese lover! Add to salads, pasta, or charcuterie boards. GF 7 oz. bag #2886....\$5.49



**Cheese Manicotti** Restaurant-quality enriched semolina pasta filled with the finest ricotta, Romano, and mozzarella cheeses and rolled into cylinders. 30 / approx. 2.75 oz. pieces. 5 lb. bag #3059.... \$36.99

# Rosina

**Tri Color Tortellini** Small pasta rings stuffed with a rich Ricotta cheese blend. 5 lb. bag #1815....\$25.49



# CELENTANO.

**Cooked Mini Cheese Ravioli** Tender ravioli filled with creamy ricotta, Romano cheese and parsley in a bite-sized piece. 24 oz. bag #3245....\$8.99

**Beef Ravioli** Tender freshly made pasta stuffed with a zesty beef filling. No MSG. Serves 5. 22 oz. bag #8964....\$8.99

CELENTANO

19



BBQ Teriyaki Chicken Marinated and barbecued chicken with an authentic teriyaki sauce. No MSG. Frozen. 21 oz. bag #1377....\$9.99

# $\star \star \star \star \star$

chicken, and this is even better!" Sandra Howell. Vernal, UT

# \*\*\*\*

"I love this chicken! We mix it with the Flav-R-Pac Stir Fry Vegetables and serve it over rice. So yummy!) Mary Rogers, Fernley, NV



Sweet and tangy orange chicken made with tender, white-meat chicken in a tempura batter. Includes separate restaurant-inspired orange sauce. No added MSG, artificial colors, or preservatives. Cook in oven or air fryer. 48 oz. box #3639....\$19.99







Chicken Rice Bowl with Teriyaki Sauce Grilled white meat chicken with broccoli, carrots, edamame, and red bell peppers on a bed of white rice with teriyaki sauce. Microwave. 6 / 12.5 oz. bowls #1718....\$26.99



Deluxe Stir Fry Vegetable Blend Broccoli, carrots, water chestnuts, pea pods, mushrooms, celery, baby com, onions, red peppers and yellow carrots.

**GF** 2 lb. bag **#5309......\$7.99** 



Organic Coconut Aminos Organic coconut blossom nectar and Himalayan salt for a healthier soy sauce replacement. 45% less sodium than soy sauce. Low glycemic index. Soy, gluten, and dairy-free. GF 16.9 oz. bottle #3503...\$13.99



Mandarin Orange Chicken Crispy, juicy chicken battered and glazed with Mandarin orange sauce. No MSG. Frozen. 22 oz. bag #1376...\$9.99





General Tso's Chicken Our signature lightly battered chicken with a sweet sauce and a hint of heat. 22 oz. bag #2551....\$9.99



 Kung Pao Chicken

 Succulent chicken with peanuts, and vegetables in a spicy sauce.

 Just heat and eat!

 23 oz. bag

 #2552....\$9.99





# Tempura Chicken with Sweet & Sour Sauce

4 (2 lb.) bags of chicken breast meat, cut, marinated, coated in a tempura batter and fully cooked. Paired with 4 (1 lb.) bags of restaurant-quality sweet & sour sauce. Og Trans Fat. No MSG. 12 lb. case

#2939....Reg. \$57.99 | Sale \$52.99



Royal Dragon Yakisoba Noodles Thin, steam-cooked noodles made from unbleached wheat flour. Just boil 5 minutes from frozen. 5 lb. bag #3133....\$16.99





# Tyson

Grilled Sweet Teriyaki Chicken Fillets Fully cooked chicken thigh fillets with teriyaki glaze. Juicy and tender with no added hormones or steroids. 3.5 lb. bag #3649....\$22.99



ASIAN | FROZEN



All Natural Chicken and Vegetable Potstickers Savory chicken and vegetable filling in tender dumplings. Ready in 10 minutes. Frozen. 4.2 lb. bag #4767....\$21.49



Crab Rangoon Fully cooked Rangoon, stuffed with a delicious blend of cream cheese and crabmeat. Deep fry or bake. 30 / 1 oz. bag #6694...\$19.99



Vegetable Spring Rolls w/ Sauce Large, one-ounce vegetable spring rolls. 100% natural with no MSG added. Signature soy ginger dipping sauce included. 50 ct. / 3 lb. box #3551....\$19.99 | .40 each



Premium potatoes with tasty

4 lb. bag

#3686....\$19.99



Soup Sensations are prepared--not pre-cooked-frozen scratch soups. Norpac's unique method results in a minimally processed soup base that you cook for the first time at home. Just add 2 quarts of water to the bag ingredients and enjoy wholesome, colorful, "homemade" soups with-out having to wash or chop a single vegetable. 16/8 oz. servings when reconstituted.



**NEW! Broccoli Cheese Soup** Tender broccoli florets. smooth cheddar cheese, cream and butter, with bits of onion. Our version bumps America's favorite soup to a new level of comfort food! 4 lb. bag #3684....\$19.99





**NEW! Chicken Noodle Soup** Light and savory chicken broth with our special egg noodles combined with carrot medallions, celery bits, diced onions, and tender chunks of chicken. 4 lb. bag #3679....\$18.99 | Just \$1.19 per svg.



**NEW! Tomato Basil Soup** Rich tomato soup made with garden-fresh basil and Parmesan cheese complemented by real roasted garlic. 4 lb. bag #3683...\$16.99 | Just \$1.06 per svg.



**NEW! Chicken Tortilla Soup** Tender chicken, tomatoes, sweet chilies, corn, black beans, and onions in a sweet and zesty chicken and tomato broth with the kick of chipotle. 4 lb. bag #3685....\$19.99 | Just \$1.25 per svg.



**NEW! Clam Chowder** Tender potatoes paired with savory clams and crunchy celery in a rich and creamy, perfectly seasoned clam base. 4 lb. bag #3687....\$26.99 | Just \$1.69 per svg.



NEW! Chicken with Wild Rice Soup Our special blend of wild rice paired with succulent chunks of chicken in a creamy base enhanced by onions, celery, carrots, and herbs. 4 lb. bag #3688....\$21.99 | Just \$1.37 per svg.



**NEW! Vegetable Beef Soup** Classic blend of potatoes, carrots, corn, peas, green beans, celery and roasted onions, accompanied by tender cuts of melt-in-yourmouth beef, all in a savory tomato and beef broth. 4 lb. bag

#3689....\$19.99 | Just \$1.25 per svg.





Frozen Homestyle Egg Noodles America's favorite brand! Thick and hearty. 3 lb. bag #1407....\$13.99



PanSaver<sup>®</sup>

Slow Cooker Liners

6-4 ct. Boxes; 24 liners



Since 1983, the family-owned **Frontier Soup** company has been producing all-natural mixes with no added salt, MSG, or artificial ingredients. They're also certified Non-GMO. Unlike just-add-water mixes, **Frontier Soups** cut prep time with a mix but produce delicious homemade results when you add simple ingredients like broth, cream, or meat. Recipes and variations noted on back of each bag.

# Rocky Mountain Trail Loaded Potato Soup Hearty Meal Mix Perfectly seasoned creamy and indulgent loaded potato soup, with all the savory goodness and velvety richness of your favorite comfort food. Add bacon, broth, one potato,

and cream. Cooks in 1 hour. Serves 8. **GF** 8 oz. bag **#2301....\$8.99** 



# Illinois Prairie Corn Chowder Hearty Meal Mix

Creamy delight bursting with bright yellow and super sweet corn (non GMO), red peppers and rice. Combine with diced potato and cream to make this top selling and versatile soup the talk of the table. Award winner! Serves 11. GF 7 oz. bag #2302....58.99



# Colorado Campfire Chicken Stew

Hearty Meal Mix Blend of peas, carrots, potatoes and white beans with just the right seasoning. Thick and rich enough for a chicken pot pie filling, or add - 2 cups of broth for a thinner soup to feed up to 10. Add chicken and you'll see why this hearty stew is a top seller. No added salt or artificial anything. Serves 8. GF 7 02. bag #2298...\$8.99

Thai Wai Coconut Curry

Named after the traditional

yellow curry-style soup ema-

Thai 'wai' greeting, this luscious

nates authentic Thai flavor. The

curry spices and velvety coconut

texture marry perfectly, and we

added just a tiny kick of mild,

sweet-heat. Package has clear

directions and requires minimal

ingredients to prepare in just 40

minutes. 9 svgs.

GF 6.5 oz. bag

#3394....\$7.99

Soup Mix



### South of the Border Tortilla Soup Mix Zesty Mexican spices, quick cooking dehydrated black beans, peppers and sweet corn. Just add chicken, salsa and tortilla chips for dinner in 30 minutes. Top seller and award-winner. Serves 9. \$4.5 oz. bag #2295...\$7.99





Thick and hearty classic with poultry herbs for delicious flavor. In only 30 minutes this cozy, home-style meal is ready for the whole family to enjoy. Serves 7. GF 4.25 oz. bag #2296....\$7.99

Kentucky Homestead

**Chicken & Rice Soup Mix** 

Whisk Bliss is a unique universal, just-add-water "white-sauce" base that creates quick, healthy, and delicious sauces, soups, gravies, mixes, and more. Whisk Bliss tastes amazing and there are 0 trans fats, 0 saturated fats, 0 hydrogenated oils, and 0 MSG with ¼ the calories compared to a scratch white sauce!

# Use it for:

- A healthier substitute for condensed soup
- Quick & easy Alfredo sauce or sausage gravy
- Base for pot pie filling or broccoli or potato soups
- Rich and creamy mac & cheese that's healthier and just as speedy as using a box!

Connecticut Cottage Chicken Noodle Soup Mix A home-style medley of colorful peas, carrots and com that are delicately seasoned with dill. Combined with gluten free com pasta, this delightful 30 minute soup is a family favorite. 8 svgs. GF 4.25 oz. bag #2753...\$7.99



Virginia Blue Ridge Broccoli Cheddar Soup Mix Beautiful broccoli florets combined with the fresh additions of aream and cheddar cheese to areate this decadent classic. Ready in just 45 minutes. Serves 5. GF 5 oz. bag #2297....\$7.99



Arizona Sunset Enchilada Soup Mix Bold southwestern flavor featuring dehydrated white beans, diced peppers and sweet potato, and warm chili seasonings. Add chicken and salsa verde for an authentic Mexican meal. 8 svgs. GF 5.75 02. bag #2484....\$7.99







Whisk Bliss Universal Cooking Base Quick, rich, healthy, and versatile; use Whisk Bliss in place of any cream sauce components in your favorite recipes. 32 oz. bag #3329....\$19.99





# FLAV-R-PAC

**Riced Cauliflower** Unseasoned. Value sized bag. GF 5 lb. bag #2743....Řeg.<del>\$14.99</del> Sale \$11.99

#### \*\*\*\*

"This is a staple for our Keto family. I buy this on every order. I use it to replace high starch potatoes and rice. Very handy having the cauliflower already 'riced' and it makes mealtime a snap."

Carolshene Powell, Cleveland, UT



Winter Mix A blend of 60% broccoli cuts and 40% cauliflower florets. GF 2 lb. bag #6388.....\$6.49

FLAV-R-PAC

# Born in 1924. the Flav-R-Pac brand has become the quality standard for frozen vegetables.

Our produce goes from harvest through processing and freezing all in just hours, locking in peak ripeness and nutrients.

Flav-R-Pac veggies are: Grade A • Non-GMO • Top restaurant-quality



Simple Goodness **Parisian Carrots** Imported from Belgium, Parisian carrots are small and round with incredibly sweet flavor. **GF** 2.5 lb. bag #1349....\$8.99



# FLAV-R-PAC

**Chopped Onions** GF 2 lb. bag #5772.....\$6.99





Whole Kernel Corn with Sauce GF 2 lb. bag #4664......\$7.49



Sweet Mini Corn on the Cob GF 2-12 ct. bags. / 24 ct. #4655...\$13.99 | .58 each



Colorful blend of sweet corn, carrots, and green beans.



Peas & Diced Carrots Sweet, tender peas with colorful carrots. GF 2.5 lb. bag #3552....\$6.99



Petite Peas GF 2.5 lb. bag #6208....\$7.99



5-Way Mixed Vegetables Blend of carrots, corn, peas, green beans and lima beans. **GF** 2.5 lb. bag #1493.....\$6.99 24



# FLAV-R-PAC

**Cauliflower Florets** GF 2 lb. bag #6383....\$6.99



**Baby Bean Blend** Sweet tender whole green beans with whole yellow wax beans (nearly identical to green beans in flavor and texture) to add healthy color to your plate! 2 lb. bag #3553....\$7.99



Due to crop challenges, this item may be unavailab Simplot

**Asparagus Spears** Medium IQF Grade A, 5" spears. GF 2.5 lb. bag #3467....\$16.99

#1266.....\$11.99





**Find our** bestselling bacon on page 6!

# FLAV-R-PAC

**Brussels Sprouts** GF 2 lb. bag #6381.....\$6.99



Certified sustainable. GF 4 lb. bag #1346....\$12.99

FLAV-R-PAC/ **Deluxe Stir Fry** Vegetable Blend Broccoli, carrots, water chestnuts,

pea pods, mushrooms, celery,

onnoisseur

GF 2 lb. bag

#7791......\$8.99

**Chalet Garlic Butter Vegetables** 

Broccoli and cauliflower florets, with julienne orange and yellow

carrots in a sauce of butter, roasted garlic, salt and pepper.

yellow carrots.

GF 2 lb. bag

#5309.....\$7.99

baby corn, onions, red peppers and



Blend of broccoli, cauliflower, green beans, carrots, zucchini, yellow squash, and red peppers. GF 4 lb. bag #3221....\$11.99



FLAV-R-PAC

GF 4 lb. bag #3781.....\$10.99

**Gourmet Whole Green Beans** 





**Broccoli Florets** GF 2 lb. bag #8197.....\$6.49



Blend of Sugar Snap™ peas, bias-cut yellow carrots, bias-cut carrots, and broccoli florets. GF 4 lb. bag #8640....\$12.99

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**Super Sweet Whole Kernel Corn** Picked at the peak of freshness then flash frozen to lock in sweet flavor, color, and texture. GF 2.5 lb. bag #1090....\$6.49



Simplet



**Sugar Snap Peas** Sweet sugar snap peas with farm-fresh flavor. 2 lb. bag #3560....\$7.99



**Fajita Blend** Onion strips, with red, green and yellow bell pepper strips. GF4 lb. bag #2069.....\$́11.99



**Exotic Grains & Fire Roasted Vegetable Blend** Red & brown rice, black beans, roasted sweet corn, red quinoa, tomato, peppers, onion, and amaranth, and southwestern seasoning. **GF** 2.5 lb. bag #1690....\$14.99



Chef Stanters

**Chef Starters Omelette Blend** Blend of diced red and green peppers & onions. Keto Fr GF 2 lb. bag #3216....\$6.99



**Baja Vegetable Roast** Blend of roasted super sweet corn, cut corn, black beans, red and green bell peppers, onions and green chilies. GF 2 lb. bag #5353.....\$8.99

# Mrs.Ts

Potato & Cheddar Cheese Pierogies Tender pasta dumplings filled with a creamy blend of mashed potatoes and Cheddar cheese. 6 lb. bag #5621....Reg. <del>\$22.99</del> | Sale \$19.99

• Loaded Baked Potato Pierogies Sharp cheddar cheese, sour cream and chives, whipped potatoes seasoned with bacon. Frozen. 6 lb. bag #4991....\$25.99



**Cross-Trax® Waffle Fries** Skin-on, ready to cook criss-cut potatoes. Frozen. Bake or fry. 2.5 lb. bag #2416....\$16.99



**Traditional Tater Sticks** Hash browns in a handy, finger-food shape. These sticks are made for dipping! 4 lb. bag #3373...\$14.99



**SMALLER PACK Golden Hash Brown Patties** Bake or fry. 2.25 oz. patties. Approx. 20 patties. 2.8 lb. bag #2427....\$10.99



**Redstone Canyon Spiral Cut Fries** Light seasoned batter coating. Bake, or fry. CN labeled. 4 lb. bag #2419....\$14.99



Crispy Bakeable Seasoned Skin-On Potato Wedges Skin-on potato wedges coated in a seasoned red batter to deliver crisp texture and more flavor with lower sodium. **GF** 5 lb. bag #2672....\$16.99



Savory Seasoned Garlic & **Onion Crinkle Potato Wedges** Battered, crinkle-cut potato wedges with savory garlic and onion seasoning. Bake or fry. 5 lb. bag #3488...\$17.49



Beer Battered Skinless 5/16" Thin **French Fries** Premium craft beer batter makes these extra-long, thin-cut fries perfect as a side or appetizer. 5 lb. bag #1762....\$17.99



\* \* \*

Fun, smiley-faced battered mashed potatoes. Bake or fry. CN label. 4 lb. bag #2417....\$15.99



Golden Fry 1/4" **Shoestring French Fries** 6/4.5 lb. bags #3339....\$43.99 \$7.33 per bag

**SMALLER PACK** Golden Fry 1/4" Shoestring French Fries 4.5 lb. bag #3340....\$9.99

Photo shows recipe suggestion.

**Piccadilly Old English Style Fries** 

PICCADILLY

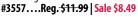
#6761 .... \$15.99

5 lb. bag



# FLAV-R-PAC

Fire Roasted Sweet Potatoes with Maple Seasoning Roasted sweet potatoes seasoned with olive oil, maple, and brown sugar. 2.5 lb. bag





# **PICTSWEET**

**Sweet Potato Casserole with Praline Topping** Farm-fresh sweet potatoes and a sweet praline topping. 5 lb. tray #2178....\$21.49

# FLAV-R-PAC

**Shredded Hash Browns** Shredded premium potatoes that fry up crisp and golden. Frozen. **GF** 6/3 lb. bags

#3535...\$30.99 Same quality, better value than our previous hash browns!

SMALLER PACK Shredded Hash Browns **GF** 3 lb. bag #**3536....\$6.99** 

# FLAV-R-PAC

**Tater Tots** 

GF 8 lb. bag

**Fire Roasted Seasoned Petite Bakers** Homestyle whole petite roasted potatoes seasoned with a savory blend of garlic, onion, salt, and pepper. 2.5 lb. bag #3558....\$9.99



Harvest Splendor 3/8" Sweet Potato Fries Coated Sweet Potato Fries, Grade A. Bake or fry. 2.5 lb bag #3420....\$11.99

Save 18% when you buy by the case of 6 at alisonspantry.com.



Simplot

FLAV-R-PAC

Farmhouse Roasted Garlic

**Roasted Redskins with Rosemary Seasoning** Red potatoes lightly seasoned a blend of rosemary, garlic, and onion flavors. GF 2.5 lb. bag #2068....\$8.99



Redskin 1/2" Diced Potatoes Ready to be used in your favorite recipes. Season and roast them, stir into soups or stews, or boil and mash. These individually quick-frozen cubes have never been fried, can be prepared by simply boiling in water for 5 minutes. 5 lb. bag #3559.....\$10.99 | New Lower Price!

# 辮 SIDES | FROZEN 業



Perfectly roasted potatoes with the mellow heat of jalapeño peppers and flame-roasted poblano and bell peppers. GF 2.5 lb. bag #2838....\$11.99



WAWONA

**Freestone Peach Slices** Sweet peach slices, frozen at their perfect ripeness. GF 5 lb. bag #3031....\$16.99

"These are on my list again! I've used them for easy Peach Cobbler and they don't get watery when they're baking. I also use a white cake mix and butter to make the 'cobbler' and it comes out delicious every time!" Amber Deutscher, Ellis, KS



Studies show that 8 out of 10 people aren't eating enough fruit. Want fresh? Buy frozen. Frozen fruit is always in season!

GF 5 lb. bag

#1223....\$27.99

It's picked at the peak of freshness to lock in sweet flavor and nutrition.

Sweet diced fruit with no added sugar.

and pancakes or waffles!"

Kayla Janikowski, Hettinger, ND



**Red Raspberries** Whole GF 5 lb. bag #1219....\$́37.99



**Triple Berry Blend** Sweet, colorful blend of blueberries, raspberries, and blackberries. GF 3 lb. bag #1215....\$13.99



Mango Berry & Wild **Blueberry Blend** Mangoes, strawberries, and wild blueberries. GF 3 lb. bag #9221....\$13.99

#### FLAV-R-PAC Enjoy them in fruit salsas, salads, desserts and smoothies.



**Diced Peaches** Enjoy sweet, diced peaches without the washing, peeling, or chopping. 5 lb. bag #3554....\$19.99



Picked at the peak of ripeness and quick-frozen to lock in both nutrients and flavor. GF 5 lb. bag #2922....\$16.99



No washing, peeling or dicing. 5 lb. bag #3555....\$19.99



**Diced Strawberries** Sweet, all natural diced strawberries. 5 lb. bag #3564....\$21.99







Sweet chunks, perfect for colorful fruit salsas. #2655...\$11.99

**Pineapple Chunks** 



**Sliced Bananas** GF 5 lb. bag #2835....\$13.99



Less sugar, more healthy fats! Easy ways to make your meals more nourishing.



**Naturally Refined Organic Coconut Oil** Use small amounts of coconut oil to thin chocolate for dipping. **GF** 28 oz. jar #8287....\$9.99







**Organic Agave** Proprietary blend of Agave Salmiana (White Agave) & Agave Tequiliana (Blue Agave) for the perfect lowglycemic index sweetener. Provides inulin (a pre-biotic fiber) and a hiah calcium content. USDA 💕 78 oz. bottle #3522....\$19.99



#### **PBfit Peanut Butter Powder** 1/3 the calories and 75% less fat. Non GMO and all-natural. Just peanuts, sugar, salt. **GF** 30 oz. jar #3521....\$14.99



Wild Blueberries Leading antioxidant superfruit! Smaller berries. GF 5 lb. bag #1218....\$21.99

WAWONA

GF 5 lb. bag

#3032...\$16.99

Whole Strawberries

Beautiful, fresh-frozen strawberries.



Dark Sweet &

2. 2-1

# Wenne

Dark Sweet and Red Tart Cherries GF 2 lb. bag #1217....\$12.99



NEW! Raspberry Crumbles Juicy 100% raspberry pieces to stir into baked goods or whip up easy jams with no crushing needed. Ready to eat. Good source of Vitamin C and fiber. GF 5 lb. bag | Bigger bag. Better value! #3707....\$17.99



Sun-Up Blend Sweet blend of peaches, strawberries, honeydew, pineapple, blueberries. GF 5 lb bag #3484...\$16.99



Organic Chia Seeds High in protein, fiber, and more plantbased Omega-3 than any other food. GMO free. GF 1.25 lb. container #8941....\$14.99



WAW

GF 5 lb. bag

#3034....\$15.99

**Trop-Cal Fruit Blend** 

Colorful, sweet mango, freestone peaches,

pineapple, and strawberries. No sugar added.

Sweet, juicy sliced mango, papaya, strawberries, and pineapple. No sugar added. GF 5 lb. bag #3033....\$15.99

LIVfit <sup>™</sup> Superfood Blend Fruits, vegetables, vegan proteins, prebiotics, and

fiber shown to enhance muscle mass, increase

energy, improve cognitive function, encourage

digestive health, boost the immune system and

fight off aging oxidation of cells in your body.

Contains green tea · 100% B6, B12, thiamin,

riboflavin · 5 q of vegan protein

#3514....\$16.99

GF 12.7 oz. (360 gram) bag



Cranberries, Whole GF 5 lb. bag #1220.....\$13.99



#### Monk Fruit Zero Calorie Sweetener

USDA

100% Natural and low glycemic. Use just like Sugar (1: 1 Ratio), No Aftertaste. No blood sugar crash! GF 16 oz. bag #1745....\$13.49





Amazon Superberry Acai Bowls Thaw-and-serve delicious organic Acai berry blend with granola topping. 8 ct. / 6.1 oz. case #3534....\$31.99 | \$4.00 each



# **Organic Energy Blend**

Step away from the energy drinks! Made with naturally energizing organic ingredients like green coffee extract and maca. Just mix it up in drinks or recipes for an anytime pick-me-up. 4.g. fiber, 5.g. protein, 100% daily value of B1, B2, B3, and B6 vitamins, no added sugar. Soy, gluten, and lactose free. 18 mo. shelf life. 12.7 oz. bag #3504...\$15.99

29



sauce wrapped in a golden wonton wrapper. Crisp in an oven or air fryer. 12 ct. / 2.3 oz. logs #3291....\$12.99 | \$1.08 each

### \*\*\*\*

"Both the kids and adults in the household approved of these! They are basically a pizza eggroll. You get the crispy wonton wrapper on the outside, and ooey-gooey cheese on the inside....a perfect snack combination! We cooked ours in the air fryer and dipped them in Rosie's Ranch (#1032)!" Sara Albrecht, Hill City, KS



**Original Taco Logs** Beef taco filling, cheese, and salsa in a crispy egg roll wrapper. 12 ct. / 3 oz. logs #3371....\$12.99



**Original Buffalo Chicken Logs** White shredded chicken, cheese, and buffalo wing sauce in a crispy egg roll wrapper. 12 ct. / 3 oz. logs #3372....\$12.99







**Deep Dish Singles Variety Pack** 6 Cheese and 6 pepperoni deep dish single-serve pizzas. 12 ct. / 4 lb. box #3582....\$22.99 | \$1.92 each



**Pepperoni Pizza** 5" IW, 12/6 oz. case #6250....\$29.99



Pepperoni Pizza Pepperoni pizza filling

seasoned crust for a

4.5 oz. / 20 ct. box

#1282....\$26.99

handheld lunch.

\$1.35 each

**Rip N Dip Pepperoni** Stuffed Pizza Ring Freshly sliced pepperoni and naturally blended cheeses wrapped in fluffy pizza dough. Includes Marinara Sauce dipping cups. 12/8.5 oz. case #2373...\$44.99



**Stuffed Cheese Bread Sticks** Fluffy mozzarella-cheese-filled breadsticks. 7"/24 ct. #7771....\$26.99



**Chicken Pot Pies** We create each pot pie from scratch. Filled with juicy meat, tender vegetables, and our signature golden, flaky crust. 8/10 oz. pies #2393....\$21.99



**Macaroni & Cheese Frozen Pouches** Microwave, or heat pouch in boiling water, then slice open and serve. 36/7 oz. pouches #7881....\$65.99 | \$1.83 each



**Stuffed Pizza Sticks** Bread sticks loaded with real mozzarella cheese, tangy tomato sauce and pieces of pepperoni. 4"/32 ct. #5795....\$19.99





**Roast Beef Cheddar Melt Sandwiches** Slow roasted beef with melted cheddar cheese on a soft onion poppyseed bun. Individually wrapped. 19 q. protein/svq. 8 ct.

#3587....\$25.99





**Philly Cheesesteak Wrapped Sandwich** The #1 selling philly sandwich in the USA! Made with 100% beef (no fillers) and American cheese, on pillow-soft bread. Microwaveable. . 8 ct.

#3584....\$25.99



**Beer Battered Thin Cut Onion Rings** Thin slices of sweet onions covered in premium beer batter. 2.5 lb. bag #3134....\$15.99

# \*\*\*\*

"These onion rings are awesome! The batter gets nice and crispy in the air fryer and the flavor is perfect. The thickness is just the right size to put on top of a sandwich or burger, and of course they make a great side." Sara Albrecht, Hill City, KS



**Cream Cheese Breaded Stuffed Jalapeños** Mild jalapeno peppers stuffed with cream cheese and breaded to perfection. 2 lb. bag #1272....\$18.99

\*\*\*\* "These are one of my favorite things to have in the freezer. They're so good, and so easy to prepare. No matter how many I make, there are never any leftovers." Anne Metzler, Rivertom, WY



**Cheese Pizza Crunchers** Scrumptious munchies with real mozzarella cheese, pizza sauce, and golden breading. Approx. 36 pieces. 3.13 lb. bag

#3489...\$16.99



**Bakeable Breaded Mozzarella Sticks** Natural, aged mozzarella in a home style breading accented with Italian spices. 2 lb. bag #2683....\$16.99



#### **Beer Battered White Cheddar Cheese Curds** Mouthwatering Ellsworth natural white cheddar cheese curds in a crunchy mild golden batter. 2.5 lb. bag #3023....\$23.99



**Breaded Cheddar Potato Bites** Diced and shredded potatoes and a blend of cheddar and mozzarella cheeses coated in a crispy golden breading. Bake or fry. 3 lb. bag

#2746....\$14.99



**Battered Mac & Cheese Wedges** Creamy Cheddar cheese mixed with stick macaroni in a crispy Cheddar batter. 3 lb. bag #1271....\$24.99



**Breaded Cheddar Cheese Jalapeño Bites** Cheddar cheese and diced jalapeno in a golden breading. Oven bake or fry. 2 lb. bag #3375....\$14.99



**Battered Sweet Corn Nuggets** These sweet corn kernels coated in crispy batter are the perfect bite-sized snack. 2 lb. bag #1274....\$10.99



20 ct. box

#1472....\$17.99

**Butter Breaded Mushrooms** Whole mushrooms coated with our premium batter to deliver an extra scrumptious crunch. 2.5 lb. bag #1276...\$14.99



**Smoked Gouda Bacon Mac & Cheese Bites** Tender elbow macaroni mixed with smoked Gouda cheese, cheddar, parmesan, Romano, and fontina cheeses and coated in a savory batter. Fry for best results. 2 lb. bag #3247....\$19.99





**Breaded Pickle Chips** Sliced pickles coated in breading with a hint of spice. 2.5 lb. bag #1275....\$17.99





# Mini Naan Bread

Hand-stretched flatbread made with buttermilk and ghee (clarified butter). Save with our bulk case, and use for personal pizzas, tacos, dipping in hummus or oil blends, etc. Comes frozen. 64 ct. case/5 1/4 x 4 1/2" **#1686....\$40.99 .64 each** 



Tuscan Mini Dinner Loaves Par-baked. Heat for 3-5 min. for a crisp crust. 24 / 4 oz. case #8196.....\$19.99



Beehive Dinner Roll Dough Generous dough portions come frozen. Thaw, proof and bake for rolls with homemade look and flavor. 96/2.5 oz. pucks / 15 lb. case #8925....\$39.99 | .42 each



Rustic Sourdough Pullman Loaves, Sliced Simple ingredients and a family recipe give this sourdough perfect chewy texture and authentic mild tangy flavor. 2/34 oz. loaves #1612....\$13.99



Buttermilk Biscuits Fluffy, home style biscuits. Microwave to heat. IW 18/2.25 oz #1321....\$10.49 | .58 each

Save 20% when you buy by the case of 72 biscuits at **alisonspantry.com.** 

NUCKAR



Ciabatta Variety Pack 1 doz. 4" x 4" Olive Oil, 1/2 doz. Savory Herb, 1/2 doz. Whole Grain. 24 ct./3.5 oz. case #5898....\$25.99



Fancy Jam Made in small batches with premium ingredients. F 15 oz. jar \$6.99

- #3003 Red Raspberry
- #3005 Strawberry Rhubarb



Peanut Butter & Grape Jelly Soft, crustless 51% wheat bread sandwiches filled with creamy peanut butter and sweet Smucker's jelly. IW 18/2.6 oz. box

#3119....\$23.99 | \$1.33 each Grape Uncrustables 48/2.6 oz. IW

#3409....\$59.99 | \$1.25 each Strawberry Uncrustables 48/2.6 oz. CASE #3410....\$59.99 | \$1.25 each



Jif Family Size Creamy Peanut Butter GF 4 lb. can #2913....\$13.99



Peanut Butter & Honey Sweet and smooth honey spread meets rich and nutty Smucker's<sup>®</sup> Peanut Butter in a crustless whole wheat sandwich. 2 oz. / 4 ct. box #1437...\$6,99



Nutella Spread Velvety hazelnut spread. GF

♦ #7338 26.5 oz. jar....\$12.99

#**1877** 6.6 lb jar**....\$35.99** 



#### Cox's Pure Clover Honey Light, perfectly mild honey gathered from high-mountain clover flowers. No artificial flavors, colors, or fillers.

- ♦ #2956 32 oz. jug....\$13.99
- ♦ #2957 5 lb. jug....\$27.99







Medium Cheddar Shredded Cheese GF 2.5 lb. bag #1866....\$15.99

Tillamook

Shredded Cheddar Jack Cheese Fancy shredded blend of cheddar and Monterey Jack cheese. GF 2.5 lb. resealable bag #1860....\$13.99

All meat and cheese products will ship frozen.

Tillamook



CHEESE | FROZEN 漱

**Mike's Hot Honey** 100% pure wildflower honey from American bees infused with chilies to make an incomparable condiment. Add sweet heat to smoked meats, fried chicken and wings, sauces, baked beans, veggies, and more. GF 12 oz. bottle #3087....\$11.99



**All-Natural Cheddar Cheese Curds** 100% all-natural white cheddar cheese, direct from the Cheese Curd Capital of Wisconsin. Made from farm certified rBST free milk. Because of our unique proprietary process, Ellsworth Cheddar Cheese Curds retain more of their milky farmfresh squeak and taste and set the standard for freshness and flavor. Tip: Want more squeak? Simply microwave for a few seconds to restore their fresh from the creamery squeakiness!

### Natural White Cheddar Cheese Curds GF 16 oz. bag #2891....\$7.49

**Natural White Cheddar Cheese Curds** Snack Packs Our famous Curds packaged in a convenient 2 oz. single serving size. Gluten-free, sugar free, low carb and portable. GF 2 oz. / 24 ct. bags #2893....\$23.99<sup>°</sup> Just .99 each!







**Original Tangy Summer Sausage** 

Select cuts of coarsely ground pork and beef, naturally hickory smoked and combined with signature spices for a flavorful summer sausage. 10 g. protein per serving! No added MSG. Made in the USA! GF 28 oz. roll #3255....\$13.99



**Tangy Snackers Original Summer Sausage Sticks** Naturally hardwood slow smoked, fully cooked summer sausage sticks made from select cuts of coarsely ground pork and beef. On-the-go snacking with 5 g. protein per stick. Low sugar. Made in the USA. **GF** 8/3 oz. packs #3256....\$21.49





**Double L Ranch Hardwood Smoked Angus Shaved Pit Beef** USDA Choice Angus beef bottom round, trimmed to 96% fat free, then naturally hardwood smoked to medium rare. Deli shaved. Reduced sodium and free of common food allergens. 6F 2 lb. pack #2722....\$26.99





**Bridgerland USDA Select Sliced Pastrami** Naturally hardwood smoked USDA Select sliced pastrami. Enjoy it stacked on rye bread or your next grilled burger. Free of the 8 most common allergens. 2 lb. bag #3321....\$23.49



Hard Salami Slices Smoked, robust flavor from a seasoned blend of pork and beef, cured and slow-aged. Ships frozen. GF 2 lb. bag #1688...\$18.99



# JANEY LOUS

Old Fashioned Cinnamon Rolls Frozen proof-and-bake cinnamon roll dough with homemade flavor. Frozen. 60 / 4 oz. rolls #9134....Reg. \$44.99 Sale \$37.99 LOWEST PRICE OF THE YEAR!

# \*\*\*\*

"These were easy to bake and were really yummy! It is definitely so nice to pull them out, let them thaw and rise, and then bake instead of doing hours of working on homemade cinnamon rolls. They are so good!" Nicole Fisher, Oak City, UT



# JANEY LOUS

Yeast Raised Donut Rings Donuts are frozen. Thaw, proof, and fry in oil. 100/2 oz. rings #7151....\$38.99 | Just .39 each!

# Try our new Simple Joys cake flavors on page 3.



#### Lemon Iced Sliced Cake Moist, generously-sized slices of lemon cake topped with lemon icing. Individually wrapped. Thaw and serve a fresh slice whenever you get a craving! 20/3.5 oz. slices #1084....\$39.99 | \$2.00 each!



# Thaw-and-Serve Crepes 6" Delicate 6" crepes, ready to thaw and serve with your favorite sweet or savory fillings. 25 ct. #3368....\$17.99 | .72 each

Triple Berry Topping Strawberries, blackberries, and raspberries in a mixed berry sauce. 2 lb. bag #3563....\$11.49



#3562....\$9.99



Crange Bakery, Inc. Strawberry/Cream Cheese 'Strudel Bites' Pre-Sugared Thaw and bake. 252/.8 oz. case #2106....\$53.99

PLAV-R-PAC Sliced Strawberry Topping Perfect slices of strawberries in a sweet strawberry sauce. 2 lb. bag



Boston Cream Duos Snack Pies The best snack pies we've ever tasted! Vanilla cream layered on top of rich chocolate cream wrapped in a glazed pastry crust. Individually wrapped. Peanut & tree nut free. 12/4 oz. pies per box #2653....\$13.99





Mini Classic Chocolate Chip Cookie Dough Addictive little chocolate chip cookie dough portions. Place and bake mini cookies. 80 ct. / .55 oz. each #3583....\$16.99

# Bridgford

Cinnamon Monkey Bread Tender bite-sized pull-apart pieces of sweet bread coated in a sticky cinnamon glaze. Frozen. Ready to heat and eat! 16 oz. #3508....\$5.99



#### Cream Cheese Icing

Rich, dreamy cream cheese icing to easily pipe or slather on cinnamon rolls and other baked goods. 2 lb. tube **#3381....\$9.99** 

Photo shows product with sugar added on top.

Orange 🕖 Bakery, Inc.



Cherry #1889....\$58.99

◆ Apple #1199....\$48.99

SAVE \$<u>300</u>

**Caramel Apple Blossoms** 

Indulgent pastries made with fresh-peeled apples, natural cane sugar and Indonesian cinnamon then topped with our home-style caramel sauce made with creamery butter and whipping cream. 12 ct. box / 4.2 oz. blossoms #2755....Reg. \$20.99 | Sale \$17.99 LOWEST PRICE OF THE YEAR! \*\*\*\*

"These blossoms taste like fall wrapped up in a sweet little package. They're the perfect single-serving size of apple pie, just right to enjoy after the kids go to bed. We love to serve them hot with a scoop of vanilla ice cream and a drizzle of the yummy Uncle Denny's Caramel." Kim Henke, AP Marketing Director



# 3" Tart Pastry Shells, Unbaked

Made from high-quality ingredients, these mildly-sweet pastry shells make baking a snap. Packaged in aluminum bake-and-serve tins. Just add your favorite quiche or pie filling and bake! 24 ct. / .59 oz. shells **#2756....\$9.99** 



Gourmet Caramel Topping Stir this thick, creamy gourmet caramel topping into fluffy popcorn for the easiest Caramel Corn recipe ever, or package with an apple for a darling gift. GF 17 oz. jar #7894....\$7.99 Warm Uncle Denny's Gourmet Caramel and pour it over popped corn and our Deluxe Mixed Nuts (#9121, pg. 43) for a simply decadent Nutty Caramel Corn.

Snickers Ice Cream Bars Peanut butter ice cream, caramel and peanuts coated in a chocolate shell. 24 2-oz. individually wrapped bars. 24 ct.

#3547....\$19.99 83 each





Belgian Custard Mini Eclairs Chocolate Topped Belgian mini eclairs filled with a rich Bavarian custard cream. Frozen; thaw & serve. 50 ct. tub #1351....\$16.99

Ghirardelli Double Chocolate Mini Eclairs Our classic pastry shells filled with a blend of fresh whipped cream and Ghirardelli cocoa powder, then dipped in Ghirardelli dark chocolate. 20 ct. tub #3098...\$8.99



Delizza Belgian Mini Cream Puffs Frozen; thaw & serve. 3 lb. 5 oz. tub / 120 ct.

#1350....\$25.99





Sweet, cinnam Apple P ite TOGS Sweet, cinnamon-y apple pie filling wrapped in a flaky wonton wrapper. Heat them with ease in the oven or air fryer. We love to sprinkle them with our Cinnamon Vanilla French Toost Sugar! 12 ct. / 2.3 oz. logs #3290....\$12.99 | \$1.08 each





Peanut Butter Crispy Bars Thaw-n-Serve. Not Pre-Cut. 4-¼ sheet pans. Yields 16-2 x 2 bars per sheet, or 64 bars. #6917....\$40.99



All-purpose savory blend with garlic, onion, basil, peppers, and a little sweetness from brown sugar. GF 1 lb. bag #5408....Reg. \$8.99 | Sale \$6.49

#### \*\*\*\*

"Love this seasoning! I use it on almost everything. I even add it to white rice while it's cooking and it turns out delicious. It's a must have." Ilenia Phipps, Alamo, ND



**Parmesan Garlic Perfection** This savory blend of Parmesan cheese, garlic, and herbs is a one-step sprinkle for mouthwatering garlic bread. It's also the perfect pair for vegetables and pasta dishes. 1 lb. bag #2475....Reg. \$10.99 | Sale \$7.99

\*\*\*\*

"The name says it all, this seasoning is truly perfection! Our favorite ways to use it are sprinkled into spaghetti sauce, mixed into sauce for homemade pizza, or melted with butter to brush over rolls. It smells just as incredible as it tastes!" Victoria Reinert, WaKeeney, KS



**Rosie's Ranch Dressing Mix** Our mix makes a cool, creamy dressing, a favorite dip, or a flavoring for roasted vegetables, meats, breads, and even buttered popcorn. GF 1 lb. bag

#1032....Reg. \$8.99 | Sale \$6.49

# \*\*\*\*

"This ranch mix is fantastic!! I used it in a casserole, as a dip, and as a dressing, and each time I was impressed with how tasty it was. There is so much flavor and it's so easy to make. I must admit, I am obsessed!" Sabre Plante, Hill City, KS

Seasonings & Spices

OUR BULK SPICES MEAN BIG SAVINGS. All spices sold in 1 lb. bags unless otherwise noted.

# **MENU ESSENTIALS**

Ali's Essential Season-All Blend GF	#2478	\$7.99
Applewood Seasoning Rub GF	#5990	\$9.99
Bay Leaves, ½ lb. GF	#1753	\$13.99
Celery, Diced, ½ lb. <b>GF</b>	#3232	\$11.49
Chili Powder, Mild 🕼	#1014	\$10.99
Cumin, Ground GF	#1442	\$11.49
Garlic and Herb Seasoning 🛿	#5408 Sale	<del>\$8.99</del> \$6.49
Garlic Granules GF	#1948	\$12.99
Garlic, Minced 🔐	#1020	\$12.99
Garlic Pepper 🔐	#1018	\$13.99
Garlic Powder <b>GF</b>	#1021	\$13.99
Garlic Salt, Classic <b>GF</b>	#1019	\$6.99
Garlic Supreme 🕼	#2592 Sale	<del>\$11.99</del> \$8.99
Mustard Seed Powder GF	#1428	\$9.99
Onion, Chopped <b>&amp;F</b>	#1026 Sale	<del>\$9.99</del> \$7.49



**Fine Sea Salt** Healthy alternative to more-refined table salt. GF 16 oz. container #1146...\$4.99



# **Onion**, Chopped

Dried chopped onion is so versatile in so many recipes, and no tears during prep! 1 tablespoon dried onion is equivalent to 1/4 cup minced fresh onion. GF 1 lb. bag #1026....Reg. \$9.99 | Sale \$7.49

# \*\*\*\*

"Whenever I make stews, soups, sauces, or roasts, I love to add the flavor of onions and this is a simple way! My family doesn't always like to see onions in their dishes, so this is a perfect way to add onions without actually seeing the real onion chunks. The price is so good, too."

Alison Chuntz, AP Founder

Onion Salt, Classic Blend GF	#1024	\$6.99
Onion Powder <b>GF</b>	#1027	\$9.49
Oregano, Mediterranean 🔐	#1445	\$13.99
Paprika, Mild <b>G</b>	#1697	\$10.99
Parmesan Garlic Perfection	#2475 Sale	<del>\$10.99</del> \$7.99
Parsley Flakes, ½ lb. 🕼	#1426	\$7.99
Pepper, Black, Table Grind GF	#1029	\$15.99
Pepper, Black, Coarse Grind 🕼	#1028	\$15.99
Peppercorns, Whole, Black 🔐	#1030	\$15.99
Seasoning Salt 🔐	#1033	\$6.99
Smoky Maple Herb Seasoning <b>F</b>	#4576	\$7.99
Thyme, Cut & sifted, ½ lb. 🔐	#1444	\$6.99
Turmeric, Ground 🔐	#1832	\$8.99
Ultimate Onion Blend GF	#4575	\$8.99





16 oz. Clear Square Plastic Jar with Shaker Flip Lid #1526....\$1.49

# 32 oz. Clear Square Plastic Jar with Shaker Flip Lid #1228....\$1.99

Save 30% when you buy jars by the case of 12 at **alisonspantry.com.** 



Mushroom Soup & Stroganoff Our customers consider this mix a pantry staple and we agree! Use it for sauces and aravies, and to season and thicken various recipes. GF 1 lb. bag

#### #1672....Reg. \$9.99 | Sale \$7.49 \*\*\*\*

"I love the flavor of this mix. I use it by slicing up steak and sauteing it, then making a cream sauce with this mix, and pouring over egg noodles.....makes my mouth water just thinking about it!"

Darla Wells, Hot Springs, SD

#### **MEAL MUSTS**

Carne Asada Seasoning GF	#7378	\$8.99
Chili Seasoning Mix	#1015	\$8.99
Emma's Enchilada Seasoning 🕼	#1016	\$8.99
Fabulous Fajita Seasoning 🕼	#1017	\$9.99
Italian 'n Pizza Seasoning 🔐	#1432	\$9.99
Leah's Lemon Pepper GF	#1022	\$9.99
Montreal Chicken Seasoning GF	#7746	\$8.99
Montreal Steak Seasoning GF	#1023	\$8.99
Mushroom Soup & Stroganoff GF	#1672 Sale	<del>\$9.99</del> \$7.49
Olé Taco Seasoning	#1037	\$7.99
Pit Boss Garlic Pepper Blend	#3122	\$10.99
Sloppy Joe Seasoning Mix GF	#1035	\$7.99
Superb Spaghetti Seas. Mix 🔐	#1036 Sale	<del>\$7.49</del> \$5.49
Sweet & Smoky Pub Sheet Pan Seasoning	#2477	\$9.99
Tuscan Herb Blend Seasoning GF	#3628	\$9.99

#### **DIPS & DRESSINGS**

Dilly Dill Dip Mix 🕼	#1421 Sale	<del>\$12.99</del> \$9.99
Guacamole Seasoning, ½ lb. GF	#2588	\$6.99
Hearty Vegetable Dip Mix 🔐	#2217	\$11.49
Italian Salad Dressing Seas. GF	#1698	\$9.99
Lip Smackin' Chipotle Ranch, ½lb. 📴	#2589	\$7.99
Onion Soup & Dip 🕼	#1025	\$9.49
Popeye's Spinach Dip Mix 🕼	#1423	\$13.99
Rosie's Ranch Buttermilk Salad Dressing Mix <b>GF</b>	#1032 Sale	<del>\$8.99</del> \$6.49
Salsa Seasoning 🕼	#1898	\$9.99

#### **SPRINKLES FOR EVERY TABLE**

Cinnamon Vanilla French Toast Sugar 🗗	#1536	\$7.99
Everything Bagel Seasoning GF	#1826	\$9.99
French Fry Seasoning GF	#1441	\$6.99

#### **BAKING SPICES**

Cinnamon, Ground Saigon 🛯	#3626	\$15.99
Cinnamon, Ground Korintje GF	#1005 Sale	<del>\$13.99</del> \$9.99
Ginger, Ground GF	#1420	\$10.99
Orange Zest Granules, ¼ lb. GF	#1669	\$7.99
Zesty Lemon Zest, ¼ lb. 🕼	#1433	\$7.99

**Pure Vanilla Powder** 

4.5 oz. bottle

#3326....\$12.99

Widely imitated but never surpassed, our pure vanilla powder is made from fully ripened, sun-cured Madagascar vanilla beans for true vanilla flavor in a dextrose (sugar) base. Never evaporates in baking and makes a

fantastic condiment. Substitute 1-for-1 for extract.



#### Superb Spaghetti Seasoning

Rich Italian flavor for speedy sauce, or the base for your own custom recipe. Just add tomato paste, water and 1 Tbsp. oil, then simmer. F 1 lb. bag #1036....Reg. <del>\$7.49</del> | Sale \$5.49

#### \*\*\*\*

"We have always used store bought spaghetti sauce in a jar until we had this and we'll never go back! Fool anyone into thinking you've made homemade spaghetti sauce with this seasoning!" Victoria Reinert, WaKeeney, KS



#### **Garlic Supreme**

VNIL1

Our blend of garlic, onion, parsley, and chives is a customer favorite. Sprinkle it in soups or on vegetables or use it as a rub on meats. It's also a flavorful topping on breads. Combine Parmesan Cheese and Garlic Supreme to top homemade dinner rolls. GF 1 lb. bag

#2592....Řeg. <del>\$11.99</del> | Sale \$8.99

#### \*\*\*\*

"This seasoning is a new favorite at our house! Use it to top all kinds of things, vegetables, steak, garlic bread. Just an all-around good seasoning for so many things." Breanne Nilhas, Hill City, KS

# SAVE S300

#### **Dilly Dill Dip**

A treat with fresh sliced vegetables, chewy sourdough bread, or battered fish. The dry mix can also be sprinkled over raw fish as a seasoning or stirred into bread dough for great flavor. GF 1 lb. bag

#### #1421....Řeg. <del>\$12.99</del> | Sale \$9.99

#### \*\*\*\*

"This dip has such a fresh and creamy flavor! It's excellent with fresh vegetables, pretzels, or mini naan dippers. I especially like to use it as a 'sauce' for vegetable pizza." **Crystal Plante, Hill City, KS** 

**Cinnamon, Korintje** Also known as Indonesian cinnamon. Fragrant, spicy flavor for baking and benefits for health, too. **GF** 1 lb. bag

#1005....Reg. <del>\$13.99</del> Sale \$9.99



Cozy Mulling Spice Simmer 1 Tbsp. of this soothing combination of crushed cinnamon sticks, orange peel, allspice, and cloves with 1 qt. of apple cider for just 8 minutes. GF 1 lb. bag #1009....Reg. <del>\$18.99</del> | Sale \$13.49

#### " 1002 .... ney. 2 10.77 | Jale 3

**Pumpkin Pie Spice** 

This warm blend of cinnamon, cloves, ginger, and nutmeg brings fresh, potent flavor to fall baking. **GF** 1 lb. bag **#1012...\$10.99**  \*\*\*\*

"Not only does this make apple cider great, but just keeping it in my cast iron teapot on the wood stove makes the house smell wonderful...holiday aroma!" Sharon Johnson, Pinedale, WY



### lehi mills

Blueberry Muffin Mix Identical recipe to our previous blueberry muffin mix! Top-selling muffin mix that yields fluffy cakelike muffins with sweet pools of warm blueberry flavor. Mix can also be made into a quick bread or even cookies! 22 sys. 2 lb. bag #3317....Reg.\$8:99 Sale \$7.49

\*\*\*\*

"These amazing muffins disappear every time I make them and take to any function. So light and fluffy. This item is a staple in our pantry and the delicious smell when baking makes the whole house feel warm and cozy." **Margie Gianonatti, Tonopah, NV** 



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# lehi mills

#### **Raspberry Muffin Mix**

Identical recipe to our previous raspberry muffin mix! Professional muffin mix with raspberry-flavored bits that melt into juicy raspberry puddles in the muffins. Mix can also be made into a quickbread and is excellent with additions like white chocolate chips or lemon zest. 22 svgs. 2 lb. bag #3316....\$8.99





Buttermilk Pancake Mix Just add water to craft these fluffy, comforting buttermilk pancakes. They taste like a homemade, scratch recipe but only take minutes! 21 svgs. 2 lb. bag #3319....\$8.99



Sweet Cream Pancake & Waffle Mix The touch of sweet cream in this professional mix makes these the best pancakes to grace the skillet. Just add water. 5 lb. bag #7435....\$15.99



Blueberry Buttermilk Pancake Mix We took our best-selling buttermilk pancake mix and combined it with all-natural blueberry nuggets, so each bite is bursting with sweet and tart flavor. Just add water! 2 lb. bag #9012...\$8.99



# lehi mills

#### Lemon Blueberry Scone Mix Just add butter and water to this mix to make buttery, flaky scones with sweet dried blueberries and natural

blueberries and natural flavors. Yield: 32 svgs. 2 lb. bag #3364....\$8.99



# leri mills

Lemon Muffin Mix Fresh lemon flavor in a fluffy muffin! Try adding poppy seeds or mixing with our blueberry or raspberry muffin mixes. 2 lb. bag #3198....\$8.99



# KRUSTEAZ

Honey Cornbread Mix Made with real honey, fresh corn, and rich butter for sweet, tender combread that gets rave reviews. 5 lb. box #3156....\$13.99



Raw Creamed Honey Smooth, creamy premium raw honey. Approx. 54 svgs. F 40 oz. tub #2564....\$15.99



Baking Cups White standard paper baking cups. 500 ct. sleeve #1646......\$9.99



Professional Buttermilk Biscuit Mix Commercial mix for tender, mildly sweet buttermilk biscuits. Yields 8 doz, 2" biscuits 5 lb. box #2129...\$12.99

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# lehi mills

Pumpkin Chocolate Chip Cookie Mix With just the addition of pumpkin puree and oil, this mix crafts tender, perfectly-spiced cookies that taste just like your Mom's homemade recipe. 2 lb. bag #3363....\$8.99

★ ★ ★ ★ "These are so soft and delicious. I will definitely buy these again!" Kayla Janikowski Cookie Scoop Measure consistent scoops of dough for perfectly portioned cookies every time. #3838....\$9.49





NEW! Hershey's Triple Chocolate Fudge Brownie Mix Chocolate chips, chocolate chunks, and dark Dutch cocoa give these brownies rich, indulgent flavor. Just add water, oil, and eggs. 4-20 oz. pouches. 5 lb. box #3675....\$15.99

NEW! Chocolate Chip Cookie Mix Just mix, drop, and bake for chewy, gooey chocolate chip cookies. 4-17.5 oz. pouches. Yield: 88 / 2" cookies. 5 lb. box #3676....\$13.99



SHIRLEY Homemade goodness in less time! Just add water and shortening. Each 23 oz. bag yields 30 (2 1/2") cookies.



Snickerdoodle Cookie Mix #5243....\$7.99 9F



Chocolate Crinkle Cookie Mix #5244...\$9.99



#### Coconut Macaroon Cookie Mix Bake up sweet coconut macaroons with this simple mix and just the addition of water. 26 oz. bag #2431....\$19.99





# **KITCHEN TOOLS**

# Autumn tastes amazing!

#### J Margan's Confecti

**Caramel Block** Rich, soft and chewy caramel for melting, dipping and drizzling. GF 5 lb. block #9068....\$29.99

\*\*\*\* "I use this caramel for everything from caramel popcorn to caramel chews. This is the best stuff going ... everyone thinks I have slaved away making caramel." Rhea Ashworth, Ely, NV



Grandma's Molasses GF 1 gallon #1194....\$25.99

Compare to .78 per ounce for a small bottle and save with our gallon jug price at just .20 per ounce. Save 74%.





Imitation Flavoring GF 32 oz. bottle #1625...\$10.99







**Mexican Vanilla Paste** All-natural. No additives or preservatives. GF 8 oz. jar #6945....\$27.49



**Original Mexican Vanilla** All-natural, smooth and rich vanilla makes baked goods shine. ◆ 8.4 oz. **6** #6702....\$23.99 • 16.7 oz. GF #6919....\$34.49



# Vegalene

Vegalene<sup>®</sup> Pan and Grill Spray This all-natural, zero trans-fat product prevents food from sticking to cooking , utensils and dishes. **GF** 21 oz. can #1212....\$10.99







Bak-Klene<sup>®</sup> ZT All-Purpose Spray

Its superior release power assures clean, easy removal of a variety of baked goods from their pans. 14 oz. can #5564.....\$8.99

H. Flexible Cutting Mats, 6 pk 6 ct. 15" x 12" #3840....\$14.99



I. Commercial Parchment Paper Silicone grease-proof pan liners to line baking sheets, separate foods for freezing, line cake pans, etc. 12" x 16" 100 sheets #1153....\$12.99



A. Commercial Cookie Sheet (Bun Pan) Aluminum, 18" x 13" #4020....\$12.99

**B.** Cover for Commercial Cookie Sheet (fits #4020 only) #3860....\$8.99

C. Quarter Size Sheet Pan Aluminum, 9" x 13' #5957.....\$8.99

**D.** Cover for Quarter Size Sheet Pan (fits #5957 only) 9" x 13" #5958.....\$7.99

#### BAKER'S MARK

E. Eighth Size Sheet Pan Aluminum, 6.5" x 9.5" #2601....\$6.99 Cookie Sheets and Covers should be washed by hand. F. Cooling Rack Stainless, fits commercial cookie sheet. 12" x 17" #1145....\$6.99

**G. Silicone Baking Mat** Reusable, nonstick silicone mat fits in our Commercial Cookie Sheet (#4020) and prevents sticking and burning of your baked goods. 16.5" x 11.75". Withstands up to 600°. #8436.....\$15.99



UNBLEACHED BREAD FLOUR MADE FROM HIGH MOUNTAIN WHEAT





Peacock Brand All-Purpose Flour High-quality unbleached all-purpose flour. 10-11.5% protein content. 25 lb. bag #3199....\$17.99



\*\*\*\* "Hands down the best bread flour ever!" Kristen Dykstra, Bison, SD

\*\*\*\* "I'm in love with this flour. I've tried 8 other brands for my sourdough and nothing has done as well as this one. Its the bomb!" Tosha Hoyt, Kanab, UT



Gluten Free 1-to-1 Baking Flour Use as a direct replacement for all-purpose baking flour. GF 44 oz. bag #1277....\$11.99



BAKING

Saf Instant Yeast GF 1 lb. Package #2446...\$8.99



**Bakery Bread Bags** Poly .001 mil bags. 15' length. 100 ct. #5494....\$7.49

10Ó ct.

GHIRARDELLI

CHURANDELLI

**Bread Bag White** Twist Ties 3 1/2", 2000 ct. box #2057....\$10.99

**Mini Poly Treat Bags** Poly .001 mil 4" x 2" x 12". #7803....\$4.99

Double Actina

**Baking Powder** 

Aluminum free; from a

trusted name in baking for over 100 years!

12 oz. jar #3411....\$4.99

**Bakery Bags for** Dinner Rolls Poly .001 mil 8" x 4" x 18". 100 ct. #4238.....\$6.99



Semi-Sweet Chocolate Baking Chips Highest-quality cocoa butter, unsweetened chocolate, and just the right touch of sugar. **GF** 12 oz. bag #2781....\$6.99

Save even more when you buy by the case! Visit alisonspantry.com to buy 12 bags and save 10%.

Semi-Sweet Chocolate Chips

Premium semi-sweet chocolate chips with a sweet, classic roasted chocolate flavor with hints of vanilla. 5 lb. bag #3244....\$31.99







**Milk Chocolate Chips** Made with high-quality cocoa butter, whole milk powder and vanilla extract for perfect sweet chocolate flavor and smooth texture. 5 lb. bag

#3243....\$34.99

**GF** 10 lb. bag

**BIGGER SIZE** 

**GF** 25 lb. bag

#2096...\$33.99



**Corn Starch** 100% pure corn starch for thickening sauce, gravies, and pie fillings. 35 oz. box #3434....\$7.99

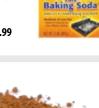


Baking Cocoa, 22-24% Natural, high-fat premium baking cocoa perfect for cakes, cookies, and homemade hot chocolate mixes. GF 5 lb. bag #2498....\$31.99

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Arm & Hammer **Baking Soda** 2 lb. box #3435....\$4.99





**Golden Brown Pure Cane Sugar** Nutty, caramel and subtle molasses flavor; moist texture. GF 7 lb. bag #2261....\$12.99



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**Powdered Pure Cane Sugar** 

GF 7 lb. bag

#1151 ...... \$12.99

Very fine, with exceptionally smooth texture

for frostings, glazes, and candy-making.



**Pure Cane Granulated Sugar** #1632.... \$14.99



# Pack an A+ lunch!

OPTANT

SNACKS

#### Double Eagle Silver Dollar Jerky

2 1/2" round jerky. 15 oz. of meat. 18-month shelf life. 80 ct. bag....**\$22.99 | Same amount, new lower price!** 

- #3680 Old Fashioned
- #3681 Peppered
- ♦ #3682 Teriyaki

**Goldfish Baked Variety Pack** 

Variety includes: 15 Flavor Blasted

Cheddar, 15 Cheddar Colors, 10 Pretzel, 5 Vanilla Cupcake.

#3478....\$28.99 | .64 each

45 ct.





Seneca Original Apple Chips Choice, orchard-grown Washington State apples carefully selected and delicately sweetened and crisped. GF 24 / .7 oz. bags #2810....\$16.99 | .71 each



Popcorners Variety Pack Popped-corn chips combined with sunflower oil, cane sugar & salt for sweet & salty healthier snacking option. Includes: 8-Sea Salt, 4-Spicy Queso, 10-Kettle Corn, 8-White Cheddar GF 30 ct. / 1 oz. bags #3090....\$25.99



y Pack binde sugar & adthier es: 8-Sea Kettle



#### **Cookie and Snack Variety Pack**

Perfect lunchbox portions of your favorite snacks! 9-Mini Chips Ahoy, 8-Nutter Butter Bites, 8-Ritz Bits Peanut Butter, 8-Ritz Bits Cheese, 9-Mini Oreos. 1 oz. bags / 40 ct. box **#1257...\$21.99** 



#### **Classic Chips Variety Pack**

Frito Lay's bestsellers all in one box: 12-Doritos Nacho Cheese, 12-Cheetos Crunchy, 8-Lay's Classic, 7-Fritos Original, 7-Doritos Cool Ranch, 4-Lay's Sour Cream & Onion, 4-Lay's Barbecue 1 oz. / 54 ct. box #4018....\$32.99





Keebler Chips Deluxe Minis Bite-size chocolate chip cookies made with M&M's Minis. 30 ct. / 1.6 oz. bags #3479....\$21.99 Fruit Snacks, Mixed Fruit Fruit is the first ingredient! No preservatives. F. 8 oz. / 90 ct. #3441....\$23.99 | .27 per pouch!

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Gusher's Fruit Flavored Snacks Variety Pack Fruit snacks with a juicy center made with real fruit juice. Tropical and Strawberry Splash flavors. 42 ct. box #3486...\$21.99 | .52 each



KIRKLAND

Organic Applesauce Pouches Convenient BPA-free pouches with twist cap. No sugar added. GF 24/3.17 oz. pouches #2993...\$18.99 | .80 each

# FIELDSTONE

Premium Original Granola All-natural, 5 grams protein per serving, and no trans fat! 50 oz. bulk bag #5768....\$19.99



### Back by popular demand!



#### ique » Canfeel

#### **Heavenly Chews Chocolate Covered Caramels**

Soft creamy caramel coated in rich chocolate. Eight individually wrapped pieces. **GF** 4.2 oź. bag. . . **\$4.99** 

- #9016 Pecan ٠
- #9017 Sea Salt ٠
- #2837 Marshmallow ٠



Sanders Dark Chocolate Sea Salt Caramels Small-batch, slow kettle cooked caramel drenched in creamy dark chocolate and sprinkled with flaky sea salt. 36 oz. jar #3481....\$19.99



#### **Caramel S'mores Clusters**

Delicious clusters of graham crackers and marshmallows melded with kettle-cooked caramel and slathered in a layer of smooth milk chocolate. 26.3 oz. bag #3456....\$16.99



"I was already a huge fan of these, but when I had a get-together this weekend and the kids wanted s'mores, I had everything on hand except the chocolate bars. We roasted marshmallows and put one of these in between 2 graham crackers instead. Dangerously delicious!!" Melissa Johnson, Voltaire, ND

\*\*\*\*



**Chocolate Cinnamon Bears** GF 2.65 lb. bag #1290....\$17.99



**Cinnamon Bears** Childhood favorite chewy hot cinnamon bears. GF 16 oz. tub #1172....\$8.99



**Butter Toffee Cashews** Crunchy cashews coated in a buttery toffee glaze. 16 oz. tub #2043...\$12.99



**Cashews, Roasted & Salted** GF 14 oz. tub #9117....\$12.49





**Chocolate Fruit Basket** Tender chewy dried cranberries, apples, blueberries, cherries, and apricots covered in luscious milk & white chocolate. 16 oz. tub #2044....\$13.99



**Milk Chocolate Sea Salt Caramels** Sweet and salty flavors combine in these chewy caramels coated in rich chocolate. 16 oz. tub #2994...\$12.99



**Milk Chocolate Cashews** Fresh, crunchy cashews enrobed in creamy milk chocolate. 16 oz. tub #2036....\$12.99



**Dark Chocolate Espresso Beans** Buzzy espresso beans enrobed in rich dark chocolate. 16 oz. tub #2525....\$12.99



**Deluxe Mixed Nuts** Roasted and salted almonds, cashews, pecans, Brazil and hazel nuts. GF 14 oz. tub #9121 ....\$13.99





**Vanilla Yogurt Pretzels** 9 oz. tub #2716....\$6.99



**Nut Berry Trail Mix** Dried Cranberries, R&S Almonds and Cashews, Pecans and dried cherries. 14 oz. tub #2076....\$11.99



#### **Milk Chocolate Almonds** Roasted almonds covered in rich milk chocolate. GF 3 lb. jar #1619.....\$28.99



**Dark Chocolate Cranberries** 16 oz. tub #2038....\$10.99





**Chocolate Caramel Nut Clusters** Roasted peanuts covered in chewy caramel and coated in rich milk chocolate. 16 oz. tub





# **30 PACK** A staple for busy school mornings! BREAKFAST ESSENTIALS' 11. 🛃 💷 RICH HILK CHOCOLATE

# ZERO FRUIT PUNCH SUGAR 10 BERRY . VARIETY 40

#### CapriSun 100% Juice Pouch Variety Pack

20 Fruit Punch, 10 Berry, and 10 Apple pouches. 100% juice, naturally flavored with no added sugar, artificial colors or flavors, or high fructose corn syrup. #3542....\$20.99 | .52 each



Sunny D Tangy Original Citrus Punch The refreshing orange drink with 100% Vitamin C and a convenient reclosable sport cap bottle. 11.3 oz. / 30 ct. case #2924....\$23.99 | .80 each Bigger bottles! Bigger case!



30 ct. box

**Carnation Breakfast Essentials** 

Complete nutritional drink mix with 13 g. protein and

21 vitamins and minerals in each prepared serving.

#3590....\$15.99 | Just .53 per serving!

**Chocolate Powder Drink Mix** 

**Country Time Lemonade Flavored Drink Mix** No artificial sweeteners or flavors. Good source of Vitamin C. Yield 34 ats. GF 82.5 oz tub #2536...\$14.99 | Just .31 per qt.!

#### **Shelf-Stable Dairy Products**

• Real, delicious Grade A milk

• All the vitamins & nutrition of conventional pasteurized milk

Ready to use

Nesquik Chocolate

Powder Drink Mix

Classic chocolate milk

powder; contains no high fructose corn syrup,

no artificial flavors,

colors, or sweeteners.

#3588....\$13.99

44.9 oz.

• Stays fresh without refrigeration until the sealed package is opened (approx. 12 months)

No preservatives added



**Tropical Blend V8 Splash** Juicy apples, pineapples, kiwis, limes, and mango paired with carrot juice. GF 12/16 oz. bottles #1717....\$23.99



**True Lemon Crystallized Lemon Packets** Each packet equals one lemon wedge. Adds natural flavor with zero calories to water, recipes, yogurt, or sprinkled over salmon. No artificial sweeteners, flavors, or colors. Allergen free. **GF** 100 ct. box #1689....\$12.49

.12 each





**True Lime Crystallized** Lime Packets Authentic, fresh-squeezed taste without the seeds, mess or waste. 1 packet = the taste of 1 limewedge. No artificial flavors. 100 ct. box #1887...\$12.49



- Add to soda or sparkling waters
- Sprinkle on avocado or in guacamole
- Use in place of juice in recipes





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Shelf-Stable 2% Milk

A. #1710 White Milk....\$17.99

GF 27/8 oz. cartons

Rich, comforting cappuccino that's terrific hot or cold, or enjoyed as a coffee creamer. GF 2 lb. bag (45/8 oz. svgs.)....\$10.99

- #1326 French Vanilla ٠
- #1330 English Toffee
- #1328 Mocha
- #1329 White Chocolate Caramel

Almond Milk No cholesterol or saturated fat, and is free of dairy, soy, lactose, gluten, casein, egg and MSG. Non-GMO.

Unsweetened Vanilla **Almond Milk** GF 6/1 qt. case #1457...\$22.99



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# CLUB STORE DIRECT

Alison's Pantry has partnered to bring this selection of Kirkland premium club store products to rural areas. Better quality and larger pack sizes, still at a great value for families!



Italian Sausage & Beef Lasagna Made with 100% USDA Choice ground chuck, vine-ripened tomatoes, whole milk ricotta and mozzarella. No preservatives added. Convenient twin-pack. Each tray feeds 6. Frozen. 2/48 oz. trays #1279...\$28.99 | Just \$14.50 per family meal!

# $\star \star \star \star \star$ "This is so good. I add a little extra

mozzarella in the last 10 minutes of cooking. It's so good & you get 2 pans! A pan will feed a family of 4. Very economical & easy peasy!" Mitzi Hailey, Lander, WY

## \*\*\*\*

"Hands down, this is my absolute favorite lasagna. Not only is it meatier, but the flavor has a certain spiciness to it and I love how thick the noodles are." Karla Zdroik, Holbrook, ID



Bacon Crumbles 100% real bacon. High-quality, fresh pork is slowly smoked over all-natural hardwood chips then crumbled for easy use. GF 20 oz. bag #1241....\$15.99



Salted Sweet Cream Butter GF 4/1 lb. case #1723....\$19.99





Microwave Popcorn, Movie Theater Butter 100% whole grain, non-GMO popcorn; perfectly coated in movie theater butter. GF 3.3 oz. / 44 ct. box #1821....\$24.99

30 ct. / 1.6 oz. bags

#3482....\$25.99

.87 each





Boneless, Skinless Chicken Thighs Grade A, all natural chicken thighs with no added hormones or steroids. Ice glazed and individually frozen. 6 6.5 lb. bag #1317....\$26.99



\*\*\*

Minced Garlic Grown, harvested, processed and packed in California. Packed in water; recipe ready! GF 48 oz. jar #1289...\$12.99



#### Snacking Nut Variety Pack 10 on-the-go bags each of roasted & salted peanuts, dry roasted & salted almonds, roasted & salted cashews.





Soft & Chewy Granola Bars, Chocolate Chip Made with real semi-sweet chocolate chips and whole rolled oats. .85 oz. bars / 64 ct. box #1138...\$17.99 | .28 each



Flex-Tech Kitchen Trash Bags 13 gal. bags / 200 ct. box #2777....\$28.99



Fancy Pecan Halves U.S. #1 beautiful pecan halves for recipes and snacks. GF 2 lb. bag #1292....\$18.99



Foodservice Aluminum Foil 12" x 1000' roll (1,000 sq ft) #1963....\$49.99



Trail Mix Snack Packs Blend of peanuts, M&M's Milk Chocolate Pieces, raisins, almonds and cashews in convenient snack packs. GF 2 oz. / 28 ct. box #4005....\$26.99



Walnut Halves & Pieces Approx. 12 cups of U.S. #1 walnuts for baking and snacking. GF 3 lb. bag #1293....\$13.99











**Au Gratin Casserole** Just add water and bake for a rich creamy au gratin potato casserole. Made from 100% real Idahoan potatoes sliced in a cheese sauce . mix. No trans fat or cholesterol. Yield: 9 x 13" pan; approx. 17 svqs. **GF** 20.35 oz. baq #2903....\$10.99



**Scalloped Potato** Casserole 100% Idaho potatoes sliced and paired with a creamy white cheese and onion sauce mix. Just add water. Yield: 9 x 13" pan; approx. 17 svgs. **GF** 20.35 oz. bag #2904....\$10.99



**Baby Reds Flavored Mashed Potatoes** Premium Russet and red real Idaho potatoes with skins. Just add water. Approx. 40 svqs. **GF** 32.85 oz. bag #1390....\$13.99

Fresh Cut Hash Browns

GF 2.125 lb. carton #1392....\$14.99

Dehydrated fresh Idaho potato shreds. 12 month shelf life. Just add water. Yield 72 1/2 cup servings.

DAHOAN

\*\*\*\* "These hash browns are awesome! They aren't soaay like

shredded potatoes. I've even used them for potato casseroles." Amy Harding, Cedar City, UT



**Excel Original Potato Pearls Butter Mashed Potatoes** Extra butter flavor classic mashed potatoes. Just add water. 34 servings per bag. **GF** 28 oz. bag #4744....\$10.99



**Premium Homestyle Mashed Potatoes** Made with 100% real Idaho potatoes, milk, and seasonings for creamy comforting flavor. Just add water. Approx. 52 svgs. per bag. **GF** 28 oz. bag #1391....\$11.99



#### CUSTOM CULINARY PRODUCTS ARE THE SAME BASES AND GRAVIES USED BY CHEFS.



**Real 'Meat First' Bases** Professional chef quality. No MSG added. 0 trans fat GF 16 oz. jar, yield: 5 gallons

- #1039 Beef .... \$12.99 ٠
- #1038 Chicken .... \$11.99



Au Jus Base GF 16 oz. yield: 3 gal #2061...... \$11.49

#### **PanRoast Gravy Mixes** Real pan drippings and select

seasonings create rich, savory gravies. Just add water. 68-2 oz. servings when prepared 12 oz. bag

Peppered Biscuit Gravy Mix 20 oz. bag/72-2 oz. svgs. #1525.....\$9.99

- #1255 Country Gravy Mix....\$9.99
- #1252 Brown Gravy Mix...\$9.99 #2131 Pork Gravy Mix....\$10.99
- #1253 Chicken Gravy Mix....\$9.99
- ◆ #3586 Beef Gravy Mix...\$9.99



Jell-O Instant Pudding #1913 Chocolate & Pie Filling 28 oz. bag .... \$13.99 #1914 Vanilla



that holds sauces beautifully. 16 oz. box #3596....\$2.99

perfect description for this elegant shape. 16 oz. box #3597....\$2.99



bean soups, or a special macaroni & cheese recipe. 16 oz. box

#3600....\$2.99



5 lb. bag #2479....\$18.99

## SHIRLEY

Shirley J Bouillons have a rich, deeper flavor, and are more concentrated with a greater yield than other brands, allowing you to use less with tastier results. Use just ½ tsp. Shirley J bouillon to 1 cup water. They're lower in sodium than other brands, too.





Chicken Flavored **Bouillon Granules GF** 16 oz. jar #3042....\$9.99



GF 16 oz. jar #3043....\$12.99

# HOICE

**Choice Half size Foil Deep Steam Table Pans** 

Cook, store, and serve in these durable 35 gauge aluminum foil disposable pans. Holds up to 120 fl. 0z.12 3/4" x 10 3/8" x 2 9/16". 20 ct. set

#2391....\$15.99 |.80 each

#### \*\*\*\*

"I love having these on hand! Makes blessing a friend or neighbor with a meal super easy... you don't have to risk not getting your favorite dish back and they don't have to worry about washing and returning!" Trinette Ward, Birch Tree, MO



HOICE

1 ½ lb. Rectangular Foil Containers with Lids Perfect for storing individual meals for the freezer or for packaging holiday treats for gifting. Fill and place the cover, foil side down, and then write on the paper side to label. 50 ct. set

#3167.... \$19.99 | Just .40 each!

**Quart Heavy-Weight** 

bags with a seal-top made

from 4 mil thick, BPA-Free

from freezer burn. 8"x 8".

#3265....\$10.99

100 ct.

polyethylene to protect foods

Clear, resealable quart

**Seal Top Freezer Bags** 



2-Gallon Heavy-Weight Seal Top Freezer Bags Thick baas to seal in freshness and protect from freezer burn. 13" x 15" 100 ct. pack #2820....\$26.99



**Ziploc Sandwich Bags** 

4/145 ct. boxes (580 ct. bags)

2 Gallon Opaque White

with White Gamma lid

approximately 15 lb. of dense product. Gamma lid gives an easy

2 gallon bucket will hold

**Plastic Bucket** 

airtiaht seal. #4779 ..... \$12.99

6-1/2"x 5-7/8

#2769....\$23.99

#### **Ziploc Bags** Variety Pack

Multi-purpose pack of resealable plastic bags; 125-Sandwich, 120-Snack, 52-Gallon Storage, 50-Quart Storage bags. 347 ct. box #1978....\$29.99





1-Gallon Heavy-Weight

Heavy, 4 mil polyethylene, BPA-

free bags that withstand freezer

temps to protect foods for longer

Seal Top Freezer Bags

storage. 10" x 12".

#3264....\$17.99

100 ct.

wrap in an economical foodservice pack. 12" X 2000' Each #6127....\$26.99



**Glass Cleaner** Dissolves dirt, grease, grit, and grime. Ammonia-free with a clean fresh fragrance. 23 oz. can #1342....\$5.49

Deli Containers with Lids

salads, cookies, and more.

50 ct.

Our Deli Containers make it easy to pack leftovers,

\*8 oz. #2258....\$19.99 | .40 each

\*16 oz. #6476....\$21.99 | .44 each

\* 32 oz. #6477.....\$23.99 .48 each



Photo credit: Tori Voller

# RURE **Puricit® Citrus Air Freshener**

Eliminate the lingering odors of grease, fish, and even cigarette smoke! We use this product in all the bathrooms here at Alison's Pantry. 6 oz. can #1579.....\$6.99



Sona 4 Wick 48 Hour Survival Candle Perfect for emergencies, camping, backpacking, hunting, and disaster preparedness. Made from palm and soy wax. Use as a light source, or to warm up to 1 lb. of food. #1094....\$6.99



emergency blanket, shaped into a sleeping bag to prevent heat loss even more efficiently. Retains 80% of body heat. Wind and waterproof. 84" x 36" #7403.....\$3.99



**Grystel** 

#### CAMBRO

**Translucent Round Containers** Stackable, professional-grade, BPA-free containers with red gradations and lids. Made of chemical- and stain-resistant translucent polypropylene.

♦ #2751 2-Quart Size, Set of 3....\$19.99

♦ #2752 6-Quart Size, Set of 2....\$18.99







Precooked Prime Rib, Boneless See page 14. GF 3-4.5 avg. weight #2466....\$59.99



FROM: 580 W. State Street Pleasant Grove, UT 84062 www.alisonspantry.com

JANEY LOUS

Old Fashioned Cinnamon Rolls See page 34. 60 / 4 oz. rolls #9134....Reg. <del>\$44.99</del> Sale \$37.99 LOWEST PRICE OF THE YEAR!



NEW! Chicken Noodle Soup See page 22. 4 lb. bag #3679....\$18.99 | Just \$1.19 per svg.





**Ultimate Fish Sticks** See page 17. 62/1 oz. sticks/4 lb. bag **#2809....\$29.99** 





Blueberry Muffin Mix See page 38. 2 lb. bag #3317....Reg. \$<del>8.99</del> Sale \$7.49



**100% Natural Chicken Breasts** See page 10. **GF** 4 lb. bag **#5513....\$14.99** 



SAVE



 Tempura Chicken with

 Sweet & Sour Sauce

 See pag 21.

 12 lb. case

 #2939....Reg. \$57.99

 Sale \$52.99

#### FarmRich. Original French Toast Sticks See page 7. 32 oz. bag #1499....\$11.99

#### CRESTWARE

Commercial Cookie Sheet (Bun Pan) See page 40. #4020....\$12.99

Nicon's Pantry See page 40. 12" x 16" 100 sheets #1153....\$12.99

